

NIAGARA OLYMPIC CLUB Cross Country 2014 SCHEDULE

Sharon Stewart 905 933-2762 sharon.noc@outlook.com
 Bill MacDonald 905 933-2640 pelhamrunner@hotmail.com
 JP Korsmit 905 646-3312 fast4949@hotmail.com
 Emily Hughes 905 359-5924 emilyhughes12@hotmail.com

August 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23 <i>Optional Run @ Short Hills; Pelham Road parking lot</i>
24	25	26	27	28	29	30 <i>Optional Run @ Short Hills; Pelham Road parking lot</i>
31						

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September 2014

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 6:00 pm at Clubhouse	2	3	4 6:00 pm at Clubhouse	5	6 Cross Country Camp
7 Cross Country Camp	8 6:00 pm at Clubhouse	9	10	11 6:00 pm at Clubhouse	12	13 10:00 am at Short Hills
14	15 6:00 pm at Clubhouse	16	17	18 6:00 pm at Clubhouse	19	20 10:00 am at Short Hills
21	22 6:00 pm at Clubhouse	23	24	25 6:00 pm at Clubhouse	26	27 10:00 am at Short Hills
28	29 6:00 pm at Clubhouse	30				

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October 2014

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 NEW TIME!! 5:30 pm at Clubhouse	3	4 10:00 am @ Firemen's Park
5	6 5:30 pm at Clubhouse	7	8	9 5:30 pm at Clubhouse Brock Invitational XC Race	10	11 10:00 am @ Firemen's Park
12	13 5:30 pm at Clubhouse	14	15 DSBN Champs	16 5:30 pm at Clubhouse	17	18 10:00 am @ Firemen's Park MTA meet @ Burlington
19	20 5:30 pm at Clubhouse	21	22	23 HS ZONE XC	24	25 10:00 am @ Firemen's Park MTA Champs @ Guelph
26	27 5:30 pm at Clubhouse	28	29	30 HS SOSSA XC	31	

NIAGARA OLYMPIC CLUB Cross Country 2014 SCHEDULE

November 2014

Sharon Stewart 905 933-2762 sharon.noc@outlook.com
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 JP Korsmit 905 646-3312 fast4949@hotmail.com
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 HS OFSAA XC @ Waterloo
2	3 NEW TIME!! 5:00 pm at Clubhouse	4	5	6 5:00 pm at Clubhouse	7	8 10:00 am @ Firemen's Park
9	10 5:00 pm at Clubhouse	11	12	13 5:00 pm at Clubhouse	14	15 10:00 am @ Firemen's Park
16 NOC Hosting AO XC CHAMPIONSHIPS @ Firemen's Park	17 Schedule for National athletes TBD	18	19	20	21	22
23	24	25	26	27	28	29 National XC @ Vancouver
30						