

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women 100 Meter Dash Midget**

	Name	Year School	Seed	Prelims	Wind H#
Preliminaries					
1	1102 Kyra Constantine	St. Roch - Brampton	12.35	12.54Q	-3.3 2
2	1166 Zaria Armstrong	Blakelock, T	13.10	12.60Q	-1.2 1
3	232 Alexis Brenzil	Centennial S S	12.82	12.84Q	-1.2 1
4	1049 Jermeka Castello	St. Margueri	13.01	12.99Q	-3.3 2
5	146 Hannah Christophe	Bramalea S S	13.17	13.02q	-1.2 1
6	483 Viktoria Vanzanten	Heritage Chr	12.72	13.19q	-1.2 1
7	26 Nicole Brownell	Ancaster High	13.03	13.26q	-3.3 2
8	23 Chante Burnett	Acton D H S	13.68	13.32q	-3.3 2
9	188 Dray Campagna	Burlington C	14.13	13.34	-1.2 1
10	1053 Thaliya Phillips	St. Margueri	13.45	13.41	-1.2 1
11	66 Ashley Kyei Maye	Reding, Bisho	14.08	13.45	-1.2 1
12	190 Illicia Orr_Campbe	Burlington C	13.90	13.54	-3.3 2
13	1213 Marissa Dubois	Westdale S S	13.18	13.55	-3.3 2
14	469 Sophia Winter	Hamilton Dis	13.26	13.56	-3.3 2

Women 100 Meter Dash Midget

	Name	Year School	Prelims	Finals	Wind
Finals					
1	1102 Kyra Constantine	St. Roch - Brampton	12.54	12.30	-1.4
2	1166 Zaria Armstrong	Blakelock, T	12.60	12.41	-1.4
3	232 Alexis Brenzil	Centennial S S	12.84	12.74	-1.4
4	1049 Jermeka Castello	St. Margueri	12.99	12.84	-1.4
5	146 Hannah Christophe	Bramalea S S	13.02	12.97	-1.4
6	483 Viktoria Vanzanten	Heritage Chr	13.19	13.08	-1.4
7	26 Nicole Brownell	Ancaster High	13.26	13.13	-1.4
8	23 Chante Burnett	Acton D H S	13.32	13.26	-1.4

Women 200 Meter Dash Midget

	Name	Year School	Seed	Prelims	Wind H#
Preliminaries					
1	1102 Kyra Constantine	St. Roch - Brampton	24.61	25.58Q	0.4 1
2	1166 Zaria Armstrong	Blakelock, T	25.95	26.43Q	-1.7 2
3	1049 Jermeka Castello	St. Margueri	26.56	26.52Q	-1.7 2
4	589 Jasmine Loughheed	Laura Secord S S	26.90	26.72Q	0.4 1
5	23 Chante Burnett	Acton D H S	27.02	27.08Q	-1.7 2
6	26 Nicole Brownell	Ancaster High	27.38	27.24Q	0.4 1
7	483 Viktoria Vanzanten	Heritage Chr	26.62	27.29q	0.4 1
8	1066 Halle Bovell	St. Mary's S S	27.66	27.42q	-1.7 2
9	678 Tialee Trench	Notre Dame S S	27.92	27.60	0.4 1
10	235 Abegale Rodrigues	Centennial S S	28.18	27.82	-1.7 2
11	248 Kelsey Gallant	Christ the King	27.30	28.09	-1.7 2
12	899 Tahlia Arneaud	St. Edmund Campi	27.77	28.12	-1.7 2
13	854 Riel Flack	St. Aloysius	27.54	28.13	0.4 1
14	101 Monica Ferreira	Bishop Tonnos	27.84	28.16	0.4 1

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	Name	Year School	Prelims	Finals	Wind
Finals					
1	1102 Kyra Constantine	St. Roch - Brampton	25.58	24.80	-0.2
2	1049 Jermeka Castello	St. Margueri	26.52	26.35	-0.2
3	589 Jasmine Lougheed	Laura Secord S S	26.72	26.43	-0.2
4	23 Chante Burnett	Acton D H S	27.08	26.76	-0.2
5	26 Nicole Brownell	Ancaster High	27.24	27.21	-0.2
6	1066 Halle Bovell	St. Mary's S S	27.42	27.33	-0.2
7	483 Viktoria Vanzanten	Heritage Chr	27.29	27.62	-0.2
--	1166 Zaria Armstrong	Blakelock, T	26.43	DNF	-0.2

Women 400 Meter Dash Midget

	Name	Year School	Seed	Finals	H#
1	1102 Kyra Constantine	St. Roch - Brampton	54.49	54.68	2
2	939 Kristen O'Neill	St. Ignatius	58.00	57.52	2
3	499 Jenna Smith	Highland S S	57.80	57.77	2
4	1010 Alexia Morgan	St. Marcellinus S S	1:00.18	59.16	2
5	1215 Chloe Hewitt	Westdale S S	1:00.58	1:01.02	2
6	23 Chante Burnett	Acton D H S	1:00.70	1:01.60	2
7	589 Jasmine Lougheed	Laura Secord S S	1:02.16	1:01.62	2
8	798 Paige Doyle	Robert F. Ha	1:03.69	1:02.26	1
9	390 Sandra Stec	Fr. Michael	1:04.05	1:03.85	1
10	821 Kennedy Thomson	Churchill, S	1:02.83	1:03.88	2
11	97 Amy Bellavia	Bishop Tonnos	1:06.95	1:04.37	1
12	561 Sarah Huang	John Fraser S S	1:04.20	1:04.40	1
13	188 Dray Campagna	Burlington C	1:06.97	1:05.20	1
14	1169 Mikaela Duric	Blakelock, T	1:06.11	1:05.27	1
15	595 Mikayla Sonnenberg	Laura Secord S S	1:02.90	1:06.75	1

Women 800 Meter Run Midget

	Name	Year School	Seed	Finals	H#
1	939 Kristen O'Neill	St. Ignatius	2:24.99	2:18.92	2
2	499 Jenna Smith	Highland S S	2:23.99	2:22.22	2
3	1215 Chloe Hewitt	Westdale S S	2:26.65	2:22.45	2
4	1010 Alexia Morgan	St. Marcellinus S S	2:35.20	2:23.99	2
5	821 Kennedy Thomson	Churchill, S	2:23.93	2:25.07	2
6	453 Beth Vanderbrugghe	Guido De Bres C H S	2:34.46	2:28.66	2
7	1211 Jasmine Buckridge	Westdale S S	2:29.43	2:29.42	2
8	1070 Mikayla Hewitt	St. Mary's S S	2:33.81	2:32.03	2
9	286 Renee Steenge	Grizzlies	2:39.62	2:33.30	1
10	713 Raquel Sinclair	Mount Carmel SS	2:41.34	2:33.55	1
11	1169 Mikaela Duric	Blakelock, T	2:37.10	2:34.78	1
12	561 Sarah Huang	John Fraser S S	2:39.78	2:36.23	1
13	535 Gillian Day	Iroquois Ridge H S	2:41.26	2:37.03	1
14	265 Lily Lambert	Corpus Christi	2:39.77	2:42.70	1
15	752 Jill Amirault	Port Credit S S	2:38.09	2:47.19	1

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women 1500 Meter Run Midget**

	Name	Year School	Seed	Finals
1	939 Kristen O'Neill	St. Ignatius	4:54.10	4:52.35
2	639 Emily Wessling	Milton D H S	4:59.86	4:55.26
3	247 Mackenzie Cameron	Christ the King	4:58.62	4:57.25
4	853 Olivia DiCristofar	St. Aloysius	5:07.24	5:00.13
5	453 Beth Vanderbrugghe	Guido De Bres C H S	5:18.66	5:09.42
6	1211 Jasmine Buckridge	Westdale S S	5:08.32	5:10.02
7	286 Renee Steenge	Grizzlies	5:19.59	5:18.45
8	798 Paige Doyle	Robert F. Ha	5:19.03	5:18.64
9	251 Nicole Waddick	Christ the King	5:35.04	5:32.12
10	27 Camille Dehghan	Ancaster High	5:24.08	5:32.66
11	621 Ellen Zagar	Mayfield S S	5:23.10	5:33.75
12	752 Jill Amirault	Port Credit S S	5:19.72	5:37.39
13	137 Taylor Thomson	Blessed Trinity H S	5:29.22	5:42.74
14	335 Tessa Sherk	E. L. Crossley S S	5:29.44	5:48.64
15	786 Lauren Stanbridge	Robert Batem	5:38.44	5:49.82

Women 3000 Meter Run Midget

	Name	Year School	Seed	Finals
1	247 Mackenzie Cameron	Christ the King	10:39.22	11:00.32
2	251 Nicole Waddick	Christ the King	12:13.27	11:51.62
3	128 Rachel Langelaan	Blessed Trinity H S	12:01.35	11:56.01
4	395 Allison Chan	Garth Webb	12:11.49	12:10.21
5	803 Sarah Incretolli	Saltfleet D H S	12:31.50	12:15.27
6	621 Ellen Zagar	Mayfield S S	12:12.94	12:17.47
7	757 Micaela Theofilopo	Port Credit S S	12:23.48	12:21.11
8	977 Carolina Engering	St. Joan of Arc	12:21.56	12:26.22
9	752 Jill Amirault	Port Credit S S	11:58.08	12:41.01
10	468 Bethany Mostert	Hamilton Dis	12:34.43	12:44.70
11	863 Mackenzie Ruffo	St. Aloysius	12:48.16	12:58.14
12	553 Jazmine Leduc	Jean Vanier E S	13:02.11	13:02.58
--	21 Piper Thompson	Abbey Park -	12:15.37	DNF
--	786 Lauren Stanbridge	Robert Batem	12:31.61	DNF
--	27 Camille Dehghan	Ancaster High	12:18.78	DNF

Women 80 Meter Hurdles Midget

	Name	Year School	Seed	Prelims	Wind H#
Preliminaries					
1	723 Brittany Stenekes	Parkside H S	12.60	12.37Q	-0.5 1
2	761 Abby Bolton	Ridge-Cr HS	12.72	12.54Q	-0.2 2
3	1171 Kaleigh Jeffrey	Blakelock, T	13.58	13.05Q	-0.2 2
4	1220 Rachel Stanga	Westdale S S	13.46	13.28Q	-0.5 1
5	589 Jasmine Lougheed	Laura Secord S S	13.08	13.20q	-0.2 2
6	128 Rachel Langelaan	Blessed Trinity H S	13.37	13.37q	-0.5 1
7	1167 Hazel Brown	Blakelock, T	14.05	13.47q	-0.5 1
8	1174 Julia Scott	Blakelock, T	15.19	13.48q	-0.5 1
9	401 Elexa Stolzer	Garth Webb	13.97	13.76	-0.2 2
10	164 Tatianna Carter	Brampton Cen	14.12	13.85	-0.5 1
11	165 Nicolette Cole-Jon	Brampton Cen	14.96	14.26	-0.5 1
12	932 Elizabeth Attia	St. Francis	14.83	14.43	-0.2 2

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13	726 Alex Campbell	Philip Pocock C S S	14.46	14.44	-0.2	2
14	67 Lakiesha Norris	Reding, Bisho	15.55	14.85	-0.2	2
15	934 Lydia Zomparelli	St. Francis	15.80	16.10	-0.2	2

Women 80 Meter Hurdles Midget

Name	Year	School	Prelims	Finals	Wind
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Finals

1	723 Brittany Stenekes	Parkside H S	12.37	12.36	0.7
2	761 Abby Bolton	Ridge-Cr HS	12.54	12.72	0.7
3	1171 Kaleigh Jeffrey	Blakelock, T	13.05	12.93	0.7
4	589 Jasmine Loughheed	Laura Secord S S	13.20	12.94	0.7
5	128 Rachel Langelaan	Blessed Trinity H S	13.37	13.23	0.7
6	1220 Rachel Stanga	Westdale S S	13.28	13.24	0.7
7	1174 Julia Scott	Blakelock, T	13.48	13.31	0.7
8	1167 Hazel Brown	Blakelock, T	13.47	13.37	0.7

Women 300 Meter Hurdles Midget

Name	Year	School	Seed	Finals	H#
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1	723 Brittany Stenekes	Parkside H S	48.51	47.06	2
2	761 Abby Bolton	Ridge-Cr HS	50.32	49.46	2
3	1171 Kaleigh Jeffrey	Blakelock, T	49.50	49.70	2
4	190 Illicia Orr_Campbe	Burlington C	51.46	49.97	2
5	177 Sherlyn Assam	Brampton Chr	50.89	49.98	2
6	322 Julia Burke	E. L. Crossley S S	52.17	50.43	2
7	443 Danielle Saulnier	Grimsby D S S	51.64	50.49	2
8	163 Cassadie Andrews	Brampton Cen	54.92	51.64	1
9	1194 Leah Thomas	Turner-Fenton S S	56.38	52.21	1
10	753 Stephanie Gava	Port Credit S S	56.76	54.19	1
11	1168 Rachel Dhingra	Blakelock, T	55.67	54.71	1
12	756 Charlotte Ponsonby	Port Credit S S	57.16	54.74	1
13	399 Catherine Ostapovy	Garth Webb	58.35	1:00.35	1
--	496 Georgia Nickel	Highland S S	52.09	DNF	2
--	97 Amy Bellavia	Bishop Tonnos	52.72	DQ	1

Women 4x100 Meter Relay Midget

School	Seed	Finals	H#
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1 St. Marguerite D'Youville 'A'	51.60	50.71	2
1) 1047 Roberta Acquah	2) 1053 Thaliya Phillips		
3) 1052 Amanda Ogunpolu	4) 1049 Jermeka Castello		
5) 1054 Ariele Ramsawak	6)		
2 Thomas A. Blakelock H S 'A'	53.08	51.21	2
1) 1167 Hazel Brown	2) 1174 Julia Scott		
3) 1171 Kaleigh Jeffrey	4) 1166 Zaria Armstrong		
5) 1177 Megan Watt	6) 1172 Emma McIvor		
3 Westdale S S 'A'	54.87	51.75	2
1) 1213 Marissa Dubois	2) 1214 Ariel Gardner		
3) 1210 Mara Balvers	4) 1220 Rachel Stanga		
5) 1215 Chloe Hewitt	6) 1222 Nicole Whitmore		
4 E. L. Crossley S S 'A'	55.93	53.27	1

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Women 4x100 Meter Relay Midget**

1) 327 Jane Gibson	2) 332 Niamh Knox			
3) 322 Julia Burke	4) 338 Erica Wilson			
5) 333 Cassie Osterlund	6)			
5 St. Roch - Brampton 'A'		53.70	53.38	2
1) 1107 Brooklyn Rodrigues	2) 1103 Alexis Francis			
3) 1099 Adwoa Asubonteng	4) 1104 Shayla Harris			
5) 1102 Kyra Constantine	6) 1106 Nicole Rachner			
6 Burlington Central H S 'A'		54.71	53.50	2
1) 186 Julia Belton	2) 192 Victoria Peacock			
3) 188 Dray Campagna	4) 190 Illicia Orr_Campbell			
7 Turner-Fenton S S 'A'		54.86	54.15	2
1) 1190 Daina Armstrong	2) 1191 Brittnie Christie			
3) 1192 Tiffany Sankey	4) 1194 Leah Thomas			
5) 1193 Odamea Simmons	6)			
8 Garth Webb 'A'		56.18	54.83	1
1) 394 Roshanna Baker	2) 395 Allison Chan			
3) 396 Gillian Crooks	4) 400 Daria Stauffer			
5) 401 Elexa Stoler	6) 397 Sophia Lee			
9 Bishop Tonnos C.S.S. 'A'		56.06	55.41	1
1) 103 Victoria Kay	2) 97 Amy Bellavia			
3) 106 Nicole Roberge	4) 95 Alexia Amorim			
5) 99 Lindsay Ciaramella	6) 101 Monica Ferreira			
10 Grimsby D S S 'A'		56.72	55.50	1
1) 443 Danielle Saulnier	2) 437 Rachel Holodniuk			
3) 441 Diana Praleska	4) 445 Alyssa Weber			
11 St. Aloysius Gonzaga 'A'		55.60	55.75	1
1) 853 Olivia DiCristofaro	2) 854 Riel Flack			
3) 860 Adrienne Pereira	4) 859 Kayla Messier			
5) 852 Megan Cvitan	6) 863 Mackenzie Ruffo			
12 St. Jean de Brebeuf S S 'A'		55.35	56.49	2
1) 951 Melissa Cipparone	2) 945 Pamela Ampah			
3) 954 Rachel McCarthy	4) 956 Rachel Perin			
5) 947 Laura Brown	6) 960 Miranda Waite			
13 Blessed Trinity H S 'A'		56.78	56.67	1
1) 130 Kylie Laus	2) 136 Ally Szabo			
3) 138 Lauren Watters	4) 124 Miranda Craig			
-- Highland S S 'A'		55.61	DNF	1
1) 495 Heather Nichols	2) 487 Kelly Donoff			
3) 496 Georgia Nickel	4) 489 Jessie Heslop			
5) 498 Rhianna Parent	6)			
-- Bramalea S S 'A'		55.30	DQ	2
1) 150 Jenna Lutgendorff	2) 151 Chelsea Macauley			
3) 152 Latoya Malcolm	4) 147 Jacque Flemings			
5) 146 Hannah Christophe	6) 154 Shawnie Mitchell			

Women High Jump Midget

Name	Year School	Seed	Finals
1 235 Abegale Rodriques	Centennial S S	1.45m	1.63m
2 1076 Makiah Hunt	St. Michael H S	1.50m	1.56m
3 575 Hailey Kranics	Lakeshore C H S	1.58m	J1.56m
4 362 Olivia Hamlyn	Eden High School	1.45m	1.50m
5 236 LeeAnn Skulj	Centennial S S	1.45m	J1.50m
6 569 Alexandra McPHail	Kings Christian	1.38m	1.45m

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7	283	Naomi McDonald	Grizzlies	1.40m	J1.45m
8	797	Racheal Anderson	Robert F. Ha	1.40m	J1.45m
9	1168	Rachel Dhingra	Blakelock, T	1.41m	1.40m
9	271	Kerry MacGregor	Craig Kielberger	1.41m	1.40m
9	627	Alex Crocker	Meadowvale S S	1.40m	1.40m
12	272	Laura Neumann	Craig Kielberger	1.30m	1.35m
13	986	Bridget Boulos	St. Joseph S S	1.40m	1.30m
13	414	Jamie Cochrane	Georgetown D H S	1.30m	1.30m
--	425	Belma Colakovic	Glenforest S S	1.45m	FAIL

Women Pole Vault Midget

Name			Year	School	Seed	Finals
1	1076	Makiah Hunt		St. Michael H S	2.60m	2.70m
2	333	Cassie Osterlund		E. L. Crossley S S	2.45m	2.40m
3	236	LeeAnn Skulj		Centennial S S	2.45m	2.30m
4	767	Shelby Palmer		Ridge-Cr HS	2.30m	J2.30m
5	618	Meaghan Hymers		Mayfield S S	2.00m	1.90m
6	1159	Laura Lapochyk		The Humberview S	1.80m	J1.90m
7	594	Megan Shimmon		Laura Secord S S	1.55m	J1.90m
8	1008	Eliza Herter		St. Marcellinus S S	1.70m	1.80m
9	995	Lexi Attard		St. Marcellinus S S	1.80m	1.70m

Women Long Jump Midget

Name		Year	School	Seed	Finals	Wind
1	723	Brittany Stenekes	Parkside H S	4.79m	4.99m	NWI
2	746	Emily Gamble	Port Colborne H S	4.96m	4.85m	NWI
3	1213	Marissa Dubois	Westdale S S	4.63m	4.84m	NWI
4	367	Ryleigh Unrau	Eden High School	4.90m	4.74m	NWI
5	1097	Vicky Tran	St. Paul's S S	4.70m	4.70m	NWI
6	1047	Roberta Acquah	St. Margueri	5.12m	4.67m	NWI
7	985	Lois Boateng	St. Joseph S S	4.73m	4.61m	NWI
8	19	Melissa Langegger	Abbey Park -	4.71m	4.51m	NWI
9	1125	Monika Jar	St. Thomas M	4.32m	4.45m	NWI
10	266	Mikayla Werner	Corpus Christi	4.53m	4.43m	NWI
11	933	Liliane Vu	St. Francis	4.62m	4.23m	NWI
12	988	Veronica Krolicka	St. Joseph S S	4.34m	4.17m	NWI
12	47	Aden Eichenberg	Assumption R C S S	4.40m	4.17m	NWI
14	954	Rachel McCarthy	St. Jean De B	4.35m	4.11m	NWI
--	483	Viktoria Vanzanten	Heritage Chr	4.72m	FOUL	

Women Triple Jump Midget

Name			Year	School	Seed	Finals	Wind
1	985	Lois Boateng		St. Joseph S S	9.69m	10.29m	NWI
2	19	Melissa Langeegger		Abbey Park -	10.06m	10.24m	NWI
3	746	Emily Gamble		Port Colborne H S	10.04m	10.12m	NWI
4	4	Jacquelyn Spadzins		A.N. Myer S S	10.24m	10.11m	NWI
5	575	Hailey Kranics		Lakeshore C H S	9.87m	10.10m	NWI
6	633	Sammy Baumgartner		Mentor College	9.43m	9.70m	NWI
7	988	Veronica Krolicka		St. Joseph S S	9.65m	9.69m	NWI

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8	843 Liz Berman	South Lincoln H S	9.21m	9.68m	NWI
9	413 K.C. Burnell	Georgetown D H S	9.90m	9.41m	NWI
10	394 Roshanna Baker	Garth Webb	9.56m	9.35m	NWI
11	852 Megan Cvitan	St. Aloysius	9.30m	9.10m	NWI
12	901 Jade Burnett	St. Edmund Campi	9.44m	8.80m	NWI
12	960 Miranda Waite	St.Jean De B	9.08m	8.80m	NWI
14	569 Alexandra McPhail	Kings Christian	9.30m	8.76m	NWI

Women Shot Put Midget

Name		Year	School	Seed	Finals
1	133	Cassandra Plute	Blessed Trinity H S	8.89m	9.29m
2	1009	Alexis Hibbert	St. Marcellinus S S	8.85m	8.97m
3	232	Alexis Brenzil	Centennial S S	8.58m	8.66m
4	817	Danielle Bridle	Churchill, S	8.83m	8.57m
5	1016	Monique Vernon	St. Marcellinus S S	7.98m	8.43m
6	514	Tia Stys	Holy Cross S S	8.27m	8.42m
7	387	Klaudia Kowalczyk	Fr. Michael	8.42m	8.25m
8	592	Sydney Mires	Laura Secord S S	8.05m	7.95m
9	155	Ose Omoregie	Bramalea S S	8.03m	7.60m
10	862	Tasja Rhooms	St. Aloysius	8.56m	7.42m
11	692	Michaela Smith	Notre Dame R C S S	6.96m	7.38m
12	19	Melissa Langegger	Abbey Park -	7.88m	7.21m
13	946	Cupido Annie	St.Jean De B	6.86m	7.02m
14	46	Serena Dimitroff	Assumption R C S S	6.91m	6.50m
--	1175	Tessa Smith	Blakelock, T	7.65m	FOUL

Women Discus Throw Midget

Name		Year	School	Seed	Finals
1	592	Sydney Mires	Laura Secord S S	21.05m	27.11m
2	769	Demi Quinn	Ridge-Cr HS	25.51m	26.66m
3	133	Cassandra Plute	Blessed Trinity H S	27.08m	26.60m
4	862	Tasja Rhooms	St. Aloysius	20.91m	26.15m
5	385	Shannon Troupe	Fort Erie S S	22.21m	25.67m
6	817	Danielle Bridle	Churchill, S	21.83m	22.59m
7	1234	Mara Lach	White Oaks S S	18.03m	21.49m
8	726	Alex Campbell	Philip Pocock C S S	20.53m	20.97m
9	690	Rayanna O'Gorman	Notre Dame R C S S	24.02m	20.51m
10	148	Michelle Gammon	Bramalea S S	21.46m	20.47m
11	946	Cupido Annie	St.Jean De B	17.09m	20.39m
12	692	Michaela Smith	Notre Dame R C S S	17.98m	16.77m
13	976	Jessica Dam	St. Joan of Arc	20.31m	13.74m
14	638	Viola Moss	Milton D H S	16.74m	13.35m

Women Javelin Throw Midget

Name		Year	School	Seed	Finals
1	232	Alexis Brenzil	Centennial S S	34.64m	35.69m
2	236	LeeAnn Skulj	Centennial S S	27.94m	32.64m
3	365	Hope Larmour	Eden High School	28.51m	29.24m
4	511	Olivia Franko	Holy Cross S S	29.41m	28.26m

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5	976	Jessica Dam	St. Joan of Arc	19.80m	23.65m
6	1234	Mara Lach	White Oaks S S	19.81m	23.10m
7	178	Maria DeBoer	Brampton Chr	23.05m	22.92m
8	817	Danielle Bridle	Churchill, S	26.47m	22.40m
9	726	Alex Campbell	Philip Pocock C S S	19.70m	21.10m
10	1175	Tessa Smith	Blakelock, T	19.29m	20.20m
11	179	Jasleen Dhaliwal	Brampton Chr	19.42m	18.69m
12	277	Neelima Basra	Grizzlies	18.16m	18.31m
13	194	Sabrina Song-Chamb	Burlington C	16.69m	17.25m
14	947	Laura Brown	St. Jean De B	16.75m	16.44m
15	273	Ana Power	Craig Kielberger	18.07m	13.67m

Women 100 Meter Dash Junior

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	873	Mariam Ajiroba	St. Augustine S S	12.78	12.59Q	-2.0 2
2	300	Savanah Rainford-A	Dennis Morris H S	12.78	12.63Q	-0.6 1
3	281	Shanelle Hunnighan	Grizzlies	13.34	12.87Q	-0.6 1
4	541	Bryanna Samuels	Iroquois Ridge H S	13.26	12.90Q	-2.0 2
5	285	Antoinette Sebasti	Grizzlies	13.08	12.92q	-0.6 1
6	552	Alysha Fontaine	Jean Vanier E S	13.01	13.02q	-0.6 1
7	230	Keara Williams	Cawthra Park S S	13.37	13.06q	-2.0 2
8	323	Kylie Butler	E. L. Crossley S S	12.97	13.11q	-2.0 2
9	1238	Eboni Reid	White Oaks S S	13.52	13.20	-0.6 1
10	533	Erica Bolliger	Iroquois Ridge H S	13.49	13.25	-0.6 1
11	287	Cheyenne Wilson	Grizzlies	13.36	13.36	-2.0 2
12	1069	Kelly Foster	St. Mary's S S	13.60	13.39	-2.0 2
13	132	Cassidy Murray	Blessed Trinity H S	13.22	13.47	-2.0 2
14	264	Brianna Beaulieu	Corpus Christi	13.64	13.61	-2.0 2
15	25	Monica Binotto	Ancaster High	13.28	13.63	-0.6 1

Women 100 Meter Dash Junior

Name	Year	School	Prelims	Finals	Wind
Finals					
1	873	Mariam Ajiroba	St. Augustine S S	12.59	12.37 -1.3
2	300	Savanah Rainford-A	Dennis Morris H S	12.63	12.62 -1.3
3	541	Bryanna Samuels	Iroquois Ridge H S	12.90	12.71 -1.3
4	281	Shanelle Hunnighan	Grizzlies	12.87	12.83 -1.3
5	552	Alysha Fontaine	Jean Vanier E S	13.02	12.99 -1.3
6	323	Kylie Butler	E. L. Crossley S S	13.11	13.01 -1.3
7	230	Keara Williams	Cawthra Park S S	13.06	13.10 -1.3
8	285	Antoinette Sebasti	Grizzlies	12.92	13.55 -1.3

Women 200 Meter Dash Junior

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	284	Natassha Mcdonald	Grizzlies	25.52	25.80Q	-1.1 2
2	873	Mariam Ajiroba	St. Augustine S S	27.09	26.02Q	0.5 1
3	541	Bryanna Samuels	Iroquois Ridge H S	27.11	26.53Q	-1.1 2

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4	811 Hailey Hemrica	MacNab, Sir A	27.18	27.39Q	0.5	1
5	287 Cheyenne Wilson	Grizzlies	27.16	27.10q	-1.1	2
6	281 Shanelle Hunnighan	Grizzlies	27.24	27.21q	-1.1	2
7	1069 Kelly Foster	St. Mary's S S	28.12	27.31q	-1.1	2
8	77 Maria deWilde	Bishop Ryan C S S	28.26	27.76q	-1.1	2
9	466 Samantha DeVries	Hamilton Dis	27.73	27.90	-1.1	2
10	278 Xanobia Bell-Steph	Grizzlies	27.20	28.03	0.5	1
11	1074 Rysa DelMundo	St. Michael H S	28.32	28.12	-1.1	2
12	1143 Brianna Davis	St. Thomas Aquinas	28.10	28.19	0.5	1
13	651 Sonja Mijatovic	Nelson H S	28.43	28.23	0.5	1

Women 200 Meter Dash Junior

Name	Year	School	Prelims	Finals	Wind
Finals					
1	284	Natassha Mcdonald	Grizzlies	25.80	25.26 -1.1
2	873	Mariam Ajiroba	St. Augustine S S	26.02	25.54 -1.1
3	541	Bryanna Samuels	Iroquois Ridge H S	26.53	26.54 -1.1
4	287	Cheyenne Wilson	Grizzlies	27.10	26.83 -1.1
5	281	Shanelle Hunnighan	Grizzlies	27.21	27.31 -1.1
6	1069	Kelly Foster	St. Mary's S S	27.31	27.42 -1.1
7	811	Hailey Hemrica	MacNab, Sir A	27.39	27.46 -1.1
8	77	Maria deWilde	Bishop Ryan C S S	27.76	27.86 -1.1

Women 400 Meter Dash Junior

Name	Year	School	Seed	Finals	H#
1	284	Natassha Mcdonald	Grizzlies	59.01	55.98 2
2	492	Ryann Johnston	Highland S S	1:01.73	59.93 2
3	619	Anaija Senior	Mayfield S S	1:03.54	1:00.18 2
4	811	Hailey Hemrica	MacNab, Sir A	1:02.48	1:01.28 2
5	64	Jayden Bowers	Reding, Bisho	1:04.23	1:01.65 2
6	149	Roshae Jackson	Bramalea S S	1:03.77	1:03.17 2
7	1224	Natalie Butler	Westlane S S	1:04.18	1:03.24 2
8	694	Alycia Vendryes	Notre Dame R C S S	1:04.48	1:03.56 1
9	651	Sonja Mijatovic	Nelson H S	1:03.68	1:04.07 2
10	65	Marissa Ditoro	Reding, Bisho	1:07.23	1:04.57 1
11	857	Katie Hill	St. Aloysius	1:05.17	1:05.09 1
12	1017	Nicole Yee	St. Marcellinus S S	1:05.14	1:05.56 1
13	765	Mary Lapp	Ridge-Cr HS	1:07.24	1:07.09 1
14	45	Katherine DeSilva	Assumption R C S S	1:07.65	1:08.46 1

Women 800 Meter Run Junior

Name	Year	School	Seed	Finals	H#
1	1079	Simone Waller	St. Michael H S	2:27.33	2:23.34 2
2	149	Roshae Jackson	Bramalea S S	2:34.75	2:23.48 2
3	1157	Mikayla Fedele	Streetsville S S	2:39.20	2:29.67 2
4	642	Hannah Davero	Nelson H S	2:36.81	2:31.54 2
5	500	Brianne Swanboroug	Highland S S	2:36.81	2:32.18 2
6	861	Paulina Prucnal	St. Aloysius	2:39.28	2:34.75 1
7	804	Elizabeth Isbister	Saltfleet D H S	2:37.81	2:36.63 2

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Women 800 Meter Run Junior**

8	603 Emily Love	Lorne Park S S	2:42.89	2:37.54	1
9	611 Meaghan Storey	Loyola C S S	2:43.78	2:38.33	1
10	765 Mary Lapp	Ridge-Cr HS	2:32.02	2:41.34	2
11	658 Ivana Vujadinovic	Nelson H S	2:50.36	2:46.32	1
12	941 Kristen Song	St. Ignatius	2:56.89	2:58.38	1
13	1128 Melissa Triemstra	St. Thomas M	2:59.03	2:58.91	1

Women 1500 Meter Run Junior

Name	Year	School	Seed	Finals
1 1218 Stephanie Ryall		Westdale S S	4:47.29	4:47.17
2 602 Alison Head		Lorne Park S S	5:01.43	4:52.87
3 1079 Simone Waller		St. Michael H S	4:59.08	4:56.44
4 1157 Mikayla Fedele		Streetsville S S	5:10.87	5:04.28
5 519 Tegan Duncan		Holy Trinity C S S	5:21.33	5:14.00
6 785 Emma Mitchell		Robert Batem	5:21.27	5:14.96
7 1217 Maddy Kennedy		Westdale S S	5:26.92	5:20.29
8 861 Paulina Prucnal		St. Aloysius	5:26.25	5:22.22
9 642 Hannah Davero		Nelson H S	5:26.97	5:23.59
10 500 Brianne Swanboroug		Highland S S	5:26.65	5:30.06
11 203 Paige Belo		Cardinal Leger S S	5:19.32	5:31.99
12 245 Haleigh Baines		Christ the King	5:28.72	5:33.28
13 805 Paige Jackson		Saltfleet D H S	5:34.90	5:37.35
14 625 Emma Beckett		Meadowvale S S	5:31.31	5:49.68
15 415 Lydia Geng		Georgetown D H S	5:46.64	6:00.23

Women 3000 Meter Run Junior

Name	Year	School	Seed	Finals
1 1218 Stephanie Ryall		Westdale S S	10:48.67	10:17.68
2 602 Alison Head		Lorne Park S S	11:09.20	10:45.42
3 1217 Maddy Kennedy		Westdale S S	11:55.25	11:27.36
4 1157 Mikayla Fedele		Streetsville S S	11:44.74	11:28.32
5 785 Emma Mitchell		Robert Batem	11:50.52	11:46.25
6 122 Rachel Barich		Blessed Trinity H S	11:56.94	11:56.04
7 203 Paige Belo		Cardinal Leger S S	11:51.62	12:16.13
8 477 Jessica Ebrahimi		Heart Lake S S	12:16.33	12:20.59
9 625 Emma Beckett		Meadowvale S S	12:17.16	12:34.47
10 642 Hannah Davero		Nelson H S	12:17.07	12:49.82
11 297 Ramona Khnanisho		Dennis Morris H S	13:11.24	13:27.75
12 538 Megan MacDonald		Iroquois Ridge H S	13:06.02	13:28.27
13 576 Samantha Ramirez		Lakeshore C H S	13:10.79	14:12.13
-- 519 Tegan Duncan		Holy Trinity C S S	11:39.85	DNF

Women 80 Meter Hurdles Junior

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 234 Emma Nero		Centennial S S	12.32	12.00Q	-0.8	2
2 279 Kyliene Downey-Spa		Grizzlies	12.84	12.41Q	-1.0	1
3 593 Lynda Othman		Laura Secord S S	13.20	12.67Q	-0.8	2
4 323 Kylie Butler		E. L. Crossley S S	12.65	12.89Q	-1.0	1

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5	285	Antoinette Sebasti	Grizzlies	12.96	13.15q	-0.8	2
6	1216	Leigh Janssen	Westdale S S	13.59	13.25q	-1.0	1
7	25	Monica Binotto	Ancaster High	13.29	13.31q	-1.0	1
8	879	Asia Robinson	St. Augustine S S		13.33q	-1.0	1
9	533	Erica Bolliger	Iroquois Ridge H S	14.25	13.48	-1.0	1
10	166	Carolyn Gougeon	Brampton Cen	13.47	13.56	-0.8	2
11	1068	Jillian Eisener	St. Mary's S S	15.00	13.87	-0.8	2
12	645	Dimitra Grovestine	Nelson H S	14.91	13.94	-0.8	2
13	386	Monika Kapral	Fr. Michael	13.32	14.21	-1.0	1
14	940	Pamela Sanchez	St. Ignatius	14.38	14.32	-0.8	2

Women 80 Meter Hurdles Junior

Name	Year	School	Prelims	Finals	Wind
Finals					
1	234	Emma Nero	Centennial S S	12.00	12.38 -3.2
2	279	Kyliene Downey-Spa	Grizzlies	12.41	12.78 -3.2
3	323	Kylie Butler	E. L. Crossley S S	12.89	13.05 -3.2
4	285	Antoinette Sebasti	Grizzlies	13.15	13.25 -3.2
5	1216	Leigh Janssen	Westdale S S	13.25	13.78 -3.2
6	874	Tenisha Dixon	St. Augustine S S		14.08 -3.2
7	25	Monica Binotto	Ancaster High	13.31	14.12 -3.2
8	593	Lynda Othman	Laura Secord S S	12.67	14.42 -3.2

Women 300 Meter Hurdles Junior

Name	Year	School	Seed	Finals	H#
1	284	Natassha Mcdonald	Grizzlies	49.00	46.77 2
2	811	Hailey Hemrica	MacNab, Sir A	49.33	48.28 2
3	25	Monica Binotto	Ancaster High	49.47	48.56 2
4	593	Lynda Othman	Laura Secord S S	52.42	48.79 1
5	166	Carolyn Gougeon	Brampton Cen	52.00	49.15 1
6	940	Pamela Sanchez	St. Ignatius	50.98	49.90 2
7	820	Katie Mooradian	Churchill, S	51.30	50.27 2
8	656	Jennifer Supapol	Nelson H S	51.19	50.39 2
9	655	Allison Supapol	Nelson H S	50.92	50.46 2
10	874	Tenisha Dixon	St. Augustine S S	51.87	50.79 2
11	1068	Jillian Eisener	St. Mary's S S	52.59	51.15 1
12	804	Elizabeth Isbister	Saltfleet D H S	52.18	52.05 1
13	153	Jenelle Miller	Bramalea S S	52.02	52.72 1
14	1002	Danielle Curtis	St. Marcellinus S S	52.77	53.21 1
--	952	MaryAnne Damerchie	St. Jean De B	52.59	DQ 1

Women 4x100 Meter Relay Junior

School	Seed	Finals	H#
1 David Suzuki Secondary School 'A'	49.21	48.98	2
1) 285 Antoinette Sebastian			
2) 284 Natassha Mcdonald			
3) 287 Cheyenne Wilson			
4) 281 Shanelle Hunnighan			
5) 278 Xanobia Bell-Stephenson			
6)			
2 Iroquois Ridge H S 'A'	52.79	51.61	2
1) 541 Bryanna Samuels			
2) 533 Erica Bolliger			

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3) 537 Asima Iqbal	4) 540 Emily Richmond			
5) 536 Julia Dilanni	6)			
3 St. Augustine S S 'A'		53.33	51.64	2
1) 876 Vanessa Grant	2) 873 Mariam Ajiroba			
3) 878 Osaru Omoruna	4) 874 Tenisha Dixon			
5) 880 Melody Wing	6) 879 Asia Robinson			
4 Highland S S 'A'		53.28	51.68	2
1) 499 Jenna Smith	2) 492 Ryann Johnston			
3) 493 Katrina Kerekesch	4) 486 Emily Brent			
5) 490 Alyssa Hopkins	6)			
5 E. L. Crossley S S 'A'		53.37	52.36	2
1) 328 Regan Glen	2) 323 Kylie Butler			
3) 325 Keagin Collie	4) 324 Shyla Cardy			
5) 326 Leah Domenegato	6) 336 Kennedy Whitley			
6 St. Aloysius Gonzaga 'A'		53.81	52.51	2
1) 855 Avery Garrett-Patterson	2) 861 Paulina Prucnal			
3) 865 Genevieve Yanush	4) 857 Katie Hill			
5) 850 Alexia Argiropoulos	6) 856 Ivana Grasic			
7 Bishop P.F. Reding S S 'A'		53.80	52.64	2
1) 66 Ashley Kyei Maye	2) 68 Shantel Vailloo			
3) 64 Jayden Bowers	4) 65 Marissa Ditoro			
5) 63 Victoria Blake	6)			
8 Ancaster High 'A'		55.04	52.96	1
1) 25 Monica Binotto	2) 26 Nicole Brownell			
3) 27 Camille Dehghan	4) 28 Kennedy Fung			
9 St. Edmund Champion S S 'A'		54.35	53.05	1
1) 902 Tosin During	2) 903 Sabrina Nerb			
3) 906 Sheridan Ramsay	4) 905 Naesi Perez			
5) 909 Sharissa Wilkinson	6)			
10 Meadowvale S S 'A'		54.12	53.16	1
1) 626 Janelle Bryan	2) 628 Savanna Culbertson			
3) 629 Laura Kirk	4) 631 Taylor Seymore			
5) 630 Michelle O'Donnell	6)			
11 Blessed Trinity H S 'A'		55.67	53.44	1
1) 132 Cassidy Murray	2) 123 Daniella Barichello			
3) 127 Hannah Kurpe	4) 126 Krista Jones			
5) 125 Ally Hendriks	6) 134 Nicole Simioni			
12 Hamilton District C H S 'A'		55.49	53.99	1
1) 464 Sierra Bassie	2) 466 Samantha DeVries			
3) 467 Gillian Kloet	4) 465 Chelsea Bezemer			
13 Nelson H S 'A'		53.55	55.25	2
1) 644 Emma Elliot	2) 651 Sonja Mijatovic			
3) 645 Dimitra Grovestine	4) 653 Jillian Stickland			
5) 650 Megan Long	6) 654 Sarah Stickland			
14 St. Thomas More C SS 'A'		56.49	55.28	1
1) 1126 Cydia Laws	2) 1130 Omotara Williams			
3) 1124 Osasu Iginuan	4) 1129 Ashaunta White			
5) 1128 Melissa Triemstra	6)			
-- St. Thomas Aquinas 'A'		54.47	DQ	1
1) 1146 Julia Silano	2) 1147 Vanessa Silano			
3) 1143 Brianna Davis	4) 1144 Kate Didano			
5) 1145 Lola Fayemi	6)			

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women High Jump Junior**

	Name	Year	School	Seed	Finals
1	324 Shyla Cardy		E. L. Crossley S S	1.65m	1.60m
2	1101 Georgia Campbell		St. Roch - Brampton	1.43m	1.50m
2	521 Tiffany McNeil		Holy Trinity C S S	1.45m	1.50m
4	230 Keara Williams		Cawthra Park S S	1.40m	J1.43m
5	980 Brittany Vernon		St. Joan of Arc	1.46m	J1.45m
6	537 Asima Iqbal		Iroquois Ridge H S	1.35m	1.40m
6	465 Chelsea Bezemer		Hamilton Dis	1.40m	1.40m
6	643 Mackenzie Denningt		Nelson H S	1.35m	1.40m
6	361 Emily Campbell		Eden High School	1.50m	1.40m
6	181 Raji Sran		Brampton Chr	1.35m	1.40m
6	650 Megan Long		Nelson H S	1.45m	1.40m
12	513 Emily Naccarato		Holy Cross S S	1.40m	1.35m
12	570 Kirsten Reid		Kings Christian	1.45m	1.35m
12	125 Ally Hendriks		Blessed Trinity H S	1.35m	1.35m
15	903 Sabrina Nerb		St. Edmund Campi	1.35m	1.30m

Women Pole Vault Junior

	Name	Year	School	Seed	Finals
1	328 Regan Glen		E. L. Crossley S S	2.45m	2.10m
2	768 Zoey Perchaluk		Ridge-Cr HS	2.15m	J2.10m
3	383 Rykelle Barber		Fort Erie S S	1.85m	2.00m
3	998 Sarah Boyd		St. Marcellinus S S	2.20m	2.00m
5	770 Hailey Tabbert		Ridge-Cr HS	2.00m	1.90m
6	336 Kennedy Whitley		E. L. Crossley S S	1.70m	J1.90m
7	999 Bailey Chuang		St. Marcellinus S S	1.70m	1.70m
--	1015 Cindy Tran		St. Marcellinus S S	1.70m	FAIL

Women Long Jump Junior

	Name	Year	School	Seed	Finals	Wind
1	300 Savanah Rainford-A		Dennis Morris H S	5.19m	5.11m	NWI
2	234 Emma Nero		Centennial S S	4.70m	4.88m	NWI
3	980 Brittany Vernon		St. Joan of Arc	4.75m	4.87m	NWI
3	1071 Meaghan Rice		St. Mary's S S	4.90m	4.87m	NWI
5	416 Lauren Rock		Georgetown D H S	4.70m	4.78m	NWI
6	876 Vanessa Grant		St. Augustine S S	4.62m	4.76m	NWI
7	364 Sara Kovac		Eden High School	4.72m	4.69m	NWI
8	1050 Zoe Derkach		St. Margueri	4.58m	4.50m	NWI
9	730 Anna Kitor		Philip Pocock C S S	4.80m	4.37m	NWI
10	326 Leah Domenegato		E. L. Crossley S S	4.69m	4.35m	NWI
11	571 Taylor Schenk		Kings Christian	4.50m	4.34m	NWI
12	465 Chelsea Bezemer		Hamilton Dis	4.64m	4.32m	NWI
13	605 Denise Ferrada		Loyola C S S	4.51m	4.21m	NWI
14	537 Asima Iqbal		Iroquois Ridge H S	4.49m	4.13m	NWI
15	570 Kirsten Reid		Kings Christian	4.56m	3.93m	NWI

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women Triple Jump Junior**

	Name	Year School	Seed	Finals	Wind
1	364 Sara Kovac	Eden High School	11.00m	11.07m	NWI
2	1071 Meaghan Rice	St. Mary's S S	10.70m	10.89m	NWI
3	416 Lauren Rock	Georgetown D H S	10.60m	10.51m	NWI
4	323 Kylie Butler	E. L. Crossley S S	10.56m	10.48m	NWI
5	980 Brittany Vernon	St. Joan of Arc	9.55m	10.42m	NWI
6	465 Chelsea Bezemer	Hamilton Dis	10.11m	10.31m	NWI
7	1050 Zoe Derkach	St. Margueri	10.26m	10.16m	NWI
8	571 Taylor Schenk	Kings Christian	10.10m	9.71m	NWI
9	731 Joanna Maj	Philip Pocock C S S	9.73m	9.56m	NWI
10	1082 Chloe Hill	St. Michael S.S.	9.66m	9.45m	NWI
11	493 Katrina Kerekesch	Highland S S	9.51m	9.27m	NWI
12	234 Emma Nero	Centennial S S	9.74m	9.23m	NWI
13	730 Anna Kitor	Philip Pocock C S S	9.57m	8.89m	NWI
14	948 Erin Bukowski	St. Jean De B	8.86m	8.07m	NWI

Women Shot Put Junior

	Name	Year School	Seed	Finals
1	1105 Modupe Okeowo	St. Roch - Brampton	10.20m	10.29m
2	874 Tenisha Dixon	St. Augustine S S	9.78m	10.24m
3	848 Kim Arbour	St Martin	9.85m	10.17m
4	243 Emmanuella Abolari	Chinguacousy S S		9.39m
5	816 Brittany Robson	Sir Winston	9.43m	9.18m
6	233 Hallie Godin	Centennial S S	9.17m	9.10m
7	554 Olivia Pinder	Jean Vanier E S	9.83m	8.99m
8	949 Noonan Cassidy	St. Jean De B	8.60m	8.58m
9	1071 Meaghan Rice	St. Mary's S S	8.89m	8.12m
10	587 Alexandra Hill	Laura Secord S S	8.55m	7.81m
11	280 Makayla Grant	Grizzlies	8.70m	7.71m
12	930 Stephanie Nguyen	St. Francis S S	8.35m	7.38m
13	412 Rachel Brent	Georgetown D H S	7.24m	6.84m
14	398 Sophina McEwen	Garth Webb	7.00m	5.91m

Women Discus Throw Junior

	Name	Year School	Seed	Finals
1	949 Noonan Cassidy	St. Jean De B	28.62m	29.84m
2	729 Vanessa Ereqi	Philip Pocock C S S	29.22m	29.49m
3	728 Dana Darmohray	Philip Pocock C S S	29.54m	27.76m
4	1202 Victoria Halliday	West Park S S	26.63m	25.05m
5	451 Jess Bosma	Guido De Bres C H S	24.68m	24.28m
6	149 Roshae Jackson	Bramalea S S	25.03m	24.26m
7	180 Ilelosa Eguavoen	Brampton Chr	24.02m	24.08m
8	412 Rachel Brent	Georgetown D H S	20.89m	23.92m
9	233 Hallie Godin	Centennial S S	23.89m	23.31m
10	1005 Alexia Fernandes	St. Marcellinus S S	22.23m	22.70m
11	436 Olivia Garr	Grimsby D S S	24.05m	22.29m
12	337 Talli Williams	E. L. Crossley S S	24.30m	22.17m

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women Javelin Throw Junior**

	Name	Year School	Seed	Finals
1	1221 Monica Thomson	Westdale S S	30.40m	31.78m
2	555 Stéphanie Tardif	Jean Vanier E S	29.06m	31.48m
3	807 Briana Wice	Saltfleet D H S	32.00m	31.23m
4	1096 Jahnae Gyles	St. Paul's S S	26.19m	27.56m
5	184 Rachel Allen	Burlington C	24.02m	27.36m
6	135 Nicole Spadaro	Blessed Trinity H S	27.22m	26.11m
7	802 Rachel Incretolli	Saltfleet D H S	27.36m	26.07m
8	22 Alex Armstrong	Acton D H S	26.55m	25.88m
9	1155 Ellie Wang	Slss-Mississauga	28.53m	24.75m
10	729 Vanessa Ereqi	Philip Pocock C S S	23.65m	23.43m
11	278 Xanobia Bell-Steph	Grizzlies	23.28m	23.33m
12	959 Hannah Valentine	St.Jean De B	23.19m	22.51m
13	949 Noonan Cassidy	St.Jean De B	22.59m	20.63m
14	957 Psarakis Polly	St.Jean De B	18.02m	18.79m

Women 100 Meter Dash Senior

	Name	Year School	Seed	Prelims	Wind	H#
Preliminaries						
1	1108 Maya Stephens	St. Roch - Brampton	12.63	12.20Q	-0.3	2
2	707 Leya Buchanan	Mount Carmel SS	12.33	12.42Q	+0.0	1
3	981 Alisha Williams	St. Joan of Arc	12.96	12.57Q	+0.0	1
4	426 Natasha Russell	Gordon Grayd	12.74	12.57Q	-0.3	2
5	1 Alex Carriero	A.N. Myer S S	13.01	12.74q	-0.3	2
6	107 Savannah Simpson	Bishop Tonnos	13.03	12.77q	-0.3	2
7	908 LeShe Wedderburn	St. Edmund Campi	12.97	12.98q	+0.0	1
8	191 Chantai Orr-Campbe	Burlington C	13.52	13.03q	-0.3	2
9	958 Josie Rutka	St.Jean De B	13.73	13.21	+0.0	1
10	454 Denise Vansydenbor	Guido De Bres C H S	13.24	13.26	-0.3	2
11	482 Brooke Boekestyn	Heritage Chr	13.18	13.28	+0.0	1
12	801 Naomi Ashley	Saltfleet D H S	13.09	13.33	+0.0	1
13	83 Taylor Thompson	Bishop Ryan C S S	13.70	13.40	+0.0	1
14	577 Amanda Reid	Lakeshore C H S	13.77	13.80	-0.3	2
15	953 Kristen Davidson	St.Jean De B	14.97	14.24	-0.3	2

Women 100 Meter Dash Senior

	Name	Year School	Prelims	Finals	Wind
Finals					
1	707 Leya Buchanan	Mount Carmel SS	12.42	12.13	0.3
2	1108 Maya Stephens	St. Roch - Brampton	12.20	12.24	0.3
3	426 Natasha Russell	Gordon Grayd	12.57	12.47	0.3
4	981 Alisha Williams	St. Joan of Arc	12.57	12.48	0.3
5	908 LeShe Wedderburn	St. Edmund Campi	12.98	12.69	0.3
6	107 Savannah Simpson	Bishop Tonnos	12.77	12.71	0.3
7	1 Alex Carriero	A.N. Myer S S	12.74	12.83	0.3
8	191 Chantai Orr-Campbe	Burlington C	13.03	13.15	0.3

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women 200 Meter Dash Senior**

	Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries							
1	1067 Christian Brennan		St. Mary's S S	25.37	24.72Q	-1.0	2
2	707 Leya Buchanan		Mount Carmel SS	24.76	25.11Q	-1.7	1
3	1007 Maya Genard		St. Marcellinus S S	25.49	25.52Q	-1.7	1
4	981 Alisha Williams		St. Joan of Arc	25.42	25.82Q	-1.0	2
5	107 Savannah Simpson		Bishop Tonnos	26.60	26.16q	-1.0	2
6	426 Natasha Russell		Gordon Grayd	25.72	26.20q	-1.0	2
7	691 Melanie Rodriguez		Notre Dame R C S S	26.64	26.32q	-1.7	1
8	1108 Maya Stephens		St. Roch - Brampton	25.47	26.32q	-1.7	1
9	1 Alex Carriero		A.N. Myer S S	27.36	27.16	-1.0	2
10	482 Brooke Boekestyn		Heritage Chr	26.92	27.23	-1.7	1
11	454 Denise Vansydenbor		Guido De Bres C H S	27.78	27.37	-1.0	2
12	83 Taylor Thompson		Bishop Ryan C S S	28.07	27.84	-1.0	2
13	590 Annika Mazzarella		Laura Secord S S	27.84	28.00	-1.7	1
14	2 Nicole Luciano		A.N. Myer S S	28.05	28.50	-1.7	1

Women 200 Meter Dash Senior

	Name	Year	School	Prelims	Finals	Wind
Finals						
1	1067 Christian Brennan		St. Mary's S S	24.72	24.60	-1.4
2	707 Leya Buchanan		Mount Carmel SS	25.11	25.12	-1.4
3	1007 Maya Genard		St. Marcellinus S S	25.52	25.34	-1.4
4	426 Natasha Russell		Gordon Grayd	26.20	25.64	-1.4
5	981 Alisha Williams		St. Joan of Arc	25.82	25.71	-1.4
6	1108 Maya Stephens		St. Roch - Brampton	26.32	25.84	-1.4
7	107 Savannah Simpson		Bishop Tonnos	26.16	26.07	-1.4
8	691 Melanie Rodriguez		Notre Dame R C S S	26.32	26.54	-1.4

Women 400 Meter Dash Senior

	Name	Year	School	Seed	Finals	H#
1	1067 Christian Brennan		St. Mary's S S	57.13	55.29	2
2	210 Taysia Radoslav		Cardinal New	58.03	56.90	2
3	657 Ashley Taylor		Nelson H S	57.68	57.01	2
4	981 Alisha Williams		St. Joan of Arc	1:00.00	57.89	2
5	691 Melanie Rodriguez		Notre Dame R C S S	59.66	58.47	2
6	1007 Maya Genard		St. Marcellinus S S	1:02.00	59.64	2
7	491 Kylie Hopkins		Highland S S	1:01.98	1:01.43	2
8	620 Zoey Williams		Mayfield S S	1:02.75	1:01.44	1
9	380 Tianna Thomas		Fletcher's M.	1:03.60	1:01.62	1
10	455 Rebecca Vis		Guido De Bres C H S	1:03.56	1:03.86	1
11	1085 Livia Vitaterna		St. Paul H S	1:04.55	1:04.61	1
12	532 Katie Vincent		Iona S S	1:03.30	1:05.00	1
13	590 Annika Mazzarella		Laura Secord S S	1:04.05	1:08.33	1

Women 800 Meter Run Senior

	Name	Year	School	Seed	Finals	H#
1	18 Evelyne Guay		Abbey Park -	2:17.85	2:16.16	2

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Women 800 Meter Run Senior**

2	501 Paige Tate	Highland S S	2:21.94	2:16.21	2
3	938 Bridget O'Neill	St. Ignatius	2:18.10	2:16.42	2
4	100 Marissa Codispodi	Bishop Tonnos	2:19.88	2:16.80	2
5	518 Rachel Bronzovich	Holy Trinity C S S	2:23.07	2:22.10	2
6	755 Bridget Leon	Port Credit S S	2:31.76	2:22.35	1
7	491 Kylie Hopkins	Highland S S	2:23.47	2:22.52	2
8	363 Breanna Ianiero	Eden High School	2:28.84	2:27.11	2
9	1219 Natalie Stacey	Westdale S S	2:29.26	2:29.44	2
10	104 Becky Morrison	Bishop Tonnos	2:36.01	2:29.74	1
11	473 Vaishnavy Yogaraja	H M Brathwaite	2:34.58	2:29.76	1
12	1195 Suhalia Yemen	Turner-Fenton S S	2:38.22	2:33.99	1
13	1085 Livia Vitaterna	St. Paul H S	2:36.79	2:37.50	1
14	1003 Nicole Duic	St. Marcellinus S S	2:34.60	2:42.09	1
15	562 Tiffany Sun Dela C	John Fraser S S	2:38.03	2:43.56	1

Women 1500 Meter Run Senior

Name	Year	School	Seed	Finals
1	764 Kristen Kuhn	Ridge-Cr HS	4:52.09	4:45.35
2	1212 Phoebe Cseresnyes	Westdale S S	4:51.70	4:45.75
3	938 Bridget O'Neill	St. Ignatius	4:53.09	4:49.25
4	29 Abby Llewellyn	Ancaster High	4:57.52	4:51.61
5	688 Erin Mawhinney	Notre Dame R C S S	4:53.80	4:55.02
6	979 Emily Nowak	St. Joan of Arc	4:53.16	4:59.77
7	512 Laura Korsmit	Holy Cross S S	5:02.44	5:01.31
8	607 Cailie McGuire	Loyola C S S	4:58.08	5:05.52
9	819 Talasia Eizenga	Churchill, S	5:09.69	5:08.43
10	755 Bridget Leon	Port Credit S S	5:11.63	5:09.35
11	1164 Annelise Martin	The Woodlands S S	5:03.69	5:09.87
12	218 Toni Ormond	Cathedral S	5:18.81	5:16.03
13	168 Coby Phillips	Brampton Cen	5:05.03	5:22.96
14	517 Natalie Bilokrely	Holy Trinity C S S	5:26.70	5:39.59

Women 3000 Meter Run Senior

Name	Year	School	Seed	Finals
1	764 Kristen Kuhn	Ridge-Cr HS	10:50.45	10:30.77
2	607 Cailie McGuire	Loyola C S S	10:51.59	10:39.15
3	688 Erin Mawhinney	Notre Dame R C S S	10:48.59	10:41.53
4	1230 Lauren Locco	Westmount S S	11:01.96	10:52.09
5	1164 Annelise Martin	The Woodlands S S	10:59.45	10:58.95
6	979 Emily Nowak	St. Joan of Arc	10:47.41	11:09.25
7	168 Coby Phillips	Brampton Cen	11:18.80	11:11.70
8	29 Abby Llewellyn	Ancaster High	11:10.04	11:14.23
9	512 Laura Korsmit	Holy Cross S S	11:06.06	11:19.13
10	851 Raquel Castro	St. Aloysius	11:14.99	11:23.31
11	218 Toni Ormond	Cathedral S	11:41.48	11:40.52
12	1173 Mary Paterson	Blakelock, T	12:24.73	12:15.36
13	16 Emma Banbu	Abbey Park -	12:20.62	12:37.61
--	1123 Rachel Barber-Pin	St. Thomas M	13:26.23	DNF
--	1212 Phoebe Cseresnyes	Westdale S S	10:41.79	DNF

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women 100 Meter Hurdles Senior**

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 440 Mary Ollier		Grimsby D S S	14.92	14.71Q	-0.4	1
2 426 Natasha Russell		Gordon Grayd	14.75	15.80Q	-1.6	2
3 801 Naomi Ashley		Saltfleet D H S	14.95	15.15Q	-0.4	1
4 182 Sara Villani		Brampton Chr	15.16	15.83Q	-1.6	2
5 388 Maya Nuruszewicz		Fr. Michael	15.52	15.94q	-1.6	2
6 237 Beth Thorne		Centennial S S	16.15	16.13q	-0.4	1
7 191 Chantai Orr-Campbe		Burlington C	16.93	16.25q	-1.6	2
8 877 Monique Nelson		St. Augustine S S	16.23	16.52q	-1.6	2
9 763 Lauren Ferguson		Ridge-Cr HS	17.24	17.10	-0.4	1
10 955 Tayrn Montague		St. Jean De B	17.42	17.10	-1.6	2
11 534 Riley Dane		Iroquois Ridge H S	18.48	17.62	-0.4	1
12 732 Anna Wojtis		Philip Pocock C S S	15.88	18.01	-0.4	1
13 252 Brittany Webster		Christ the King	18.24	18.18	-1.6	2
14 250 Lucy Ray		Christ the King	19.00	18.65	-0.4	1

Women 100 Meter Hurdles Senior

Name	Year	School	Prelims	Finals	Wind
Finals					
1 440 Mary Ollier		Grimsby D S S	14.71	14.55	0.7
2 801 Naomi Ashley		Saltfleet D H S	15.15	14.91	0.7
3 426 Natasha Russell		Gordon Grayd	15.80	14.94	0.7
4 182 Sara Villani		Brampton Chr	15.83	15.35	0.7
5 388 Maya Nuruszewicz		Fr. Michael	15.94	15.59	0.7
6 191 Chantai Orr-Campbe		Burlington C	16.25	15.70	0.7
7 237 Beth Thorne		Centennial S S	16.13	16.31	0.7
8 877 Monique Nelson		St. Augustine S S	16.52	17.45	0.7

Women 400 Meter Hurdles Senior

Name	Year	School	Seed	Finals	H#
1 210 Taysia Radoslav		Cardinal New	1:03.30	1:05.74	2
2 620 Zoey Williams		Mayfield S S	1:14.76	1:07.96	2
3 1176 Caroline Stricelj		Blakelock, T	1:11.86	1:08.35	2
4 455 Rebecca Vis		Guido De Bres C H S	1:11.61	1:10.71	2
5 488 Sarah Donoff		Highland S S	1:16.80	1:13.33	1
6 435 Olivia Colling		Grimsby D S S	1:13.35	1:13.37	2
7 49 Adrian Houle		Assumption R C S S	1:16.98	1:14.18	1
8 635 Gabie Iglesias		Mentor College	1:21.25	1:14.29	1
9 950 Laura Chechalk		St. Jean De B	1:16.02	1:14.34	2
10 818 Julie Dion		Churchill, S	1:11.82	1:14.87	2
11 167 Kristina Klintsari		Brampton Cen	1:16.55	1:15.85	1
12 864 Katie Warner		St. Aloysius	1:27.18	1:16.47	1
13 2 Nicole Luciano		A.N. Myer S S	1:18.03	1:16.53	1

Women 4x100 Meter Relay Senior

School	Seed	Finals	H#
1 Notre Dame S S 'A'	50.29	49.36	2

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Women 4x100 Meter Relay Senior**

1) 676 Danielle Knight	2) 679 Chyna Watson-Reid			
3) 677 Gabrielle Mills Brooks	4) 678 Tialee Trench			
2 St. Edmund Campion S S 'A'	49.78	49.83	2	
1) 907 Kyanna Sancho	2) 900 Faith Brown			
3) 908 LeShe Wedderburn	4) 899 Tahlia Arneaud			
5) 904 Ashley Penny	6) 903 Sabrina Nerb			
3 St. Roch - Brampton 'A'	49.67	50.12	2	
1) 1101 Georgia Campbell	2) 1102 Kyra Constantine			
3) 1100 Alexis Blair-Hamilton	4) 1108 Maya Stephens			
4 Our Lady of Mount Carmel SS 'A'	51.30	50.84	2	
1) 707 Leya Buchanan	2) 709 Emilla Grala			
3) 712 Holly Pitters	4) 711 Keji Natana			
5) 710 Victoria Miles	6) 708 Jessica Foo			
5 St. Marcellinus S S 'A'	51.62	51.08	2	
1) 996 Justine Bedasse	2) 1007 Maya Genard			
3) 1010 Alexia Morgan	4) 1001 Veronica Colasanti			
5) 1013 Jamilah Sykes	6) 1014 Jasmine Sykes			
6 Bishop Tonnos C.S.S. 'A'	51.82	51.14	2	
1) 96 Maddie Balardo	2) 107 Savannah Simpson			
3) 98 Hailey Bowie	4) 102 Chiara Forchielli			
5) 101 Monica Ferreira	6) 105 Kate Randazzo			
7 Laura Secord S S 'A'	53.17	52.12	2	
1) 593 Lynda Othman	2) 589 Jasmine Loughheed			
3) 591 Karoline Mazzarella	4) 590 Annika Mazzarella			
5) 595 Mikayla Sonnenberg	6) 1248 Michalla Bent			
8 St. Jean de Brebeuf S S 'A'	53.28	52.56	2	
1) 950 Laura Chechalk	2) 953 Kristen Davidson			
3) 955 Tayrn Montague	4) 958 Josie Rutka			
5) 948 Erin Bukowski	6) 959 Hannah Valentine			
9 Bishop Ryan C S S 'A'	53.94	52.66	1	
1) 78 Jasmine Francis	2) 76 Isabella Dangelo			
3) 77 Maria deWilde	4) 83 Taylor Thompson			
10 Grimsby D S S 'A'	53.98	53.09	1	
1) 439 Kiana Nichols	2) 440 Mary Ollier			
3) 442 Lexi Rudlin	4) 444 Victoria Tousaw			
11 Highland S S 'A'	54.45	53.27	1	
1) 497 Liz Niton	2) 494 Jasmina Kucic			
3) 488 Sarah Donoff	4) 485 Maggie Best			
5) 491 Kylie Hopkins	6)			
12 E. L. Crossley S S 'A'	54.28	53.50	1	
1) 330 Erica Hubert	2) 334 Tiffany Ross			
3) 331 erin Kis	4) 320 Courtney Bennett			
5) 336 Kennedy Whitley	6)			
13 Nelson H S 'A'	53.30	55.37	1	
1) 646 Amanda Harnett	2) 649 Emma Kirk			
3) 652 Jasmine Rice	4) 657 Ashley Taylor			
5) 648 Erica Hollingsworth	6) 647 Chanelle Hinds			
-- White Oaks S S 'A'	53.97	DQ	1	
1) 1239 Anastasiya Tarnouskaya	2) 1237 Nikolina Rajcevic			
3) 1236 Nadia Milich	4) 1238 Eboni Reid			
5) 1235 Michelle Lau	6) 1233 Alena Kondratieva			
-- Dennis Morris H S 'A'	54.10	DQ	1	
1) 296 Annie Dewar	2) 294 Monique Brown			
3) 298 Marie-Claire Mutamba	4) 300 Savanah Rainford-Allen			
5) 299 Hayley Pinfold	6)			

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women High Jump Senior**

	Name	Year	School	Seed	Finals
1	388 Maya Nuruszewicz		Fr. Michael	1.65m	1.70m
2	20 Devyn MacKenzie		Abbey Park -	1.45m	1.60m
3	366 Madison Taylor		Eden High School	1.57m	1.55m
3	476 Cierra Da Silva		Heart Lake S S	1.50m	1.55m
5	389 Kelly Richardson		Fr. Michael	1.55m	1.50m
5	1086 Katelynn Whiteley		St. Paul H S	1.50m	1.50m
5	950 Laura Chechalk		St. Jean De B	1.45m	1.50m
5	452 Crystal deBoer		Guido De Bres C H S	1.50m	1.50m
5	818 Julie Dion		Churchill, S	1.50m	1.50m
5	725 Rose Budisa		Philip Pocock C S S	1.50m	1.50m
11	1084 Alexia Miljus		St. Paul H S	1.50m	1.45m
12	539 Maddy Over		Iroquois Ridge H S	1.30m	1.35m
13	543 Lauren Wiesener		Iroquois Ridge H S	1.25m	1.30m
--	542 Laura Steeves		Iroquois Ridge H S	1.20m	NH
--	732 Anna Wojtis		Philip Pocock C S S	1.55m	NH

Women Pole Vault Senior

	Name	Year	School	Seed	Finals
1	763 Lauren Fergusen		Ridge-Cr HS	2.00m	2.60m
2	1073 Kelsey Darnay		St. Michael H S	2.45m	2.50m
3	366 Madison Taylor		Eden High School	2.45m	2.30m
4	1 Alex Carriero		A.N. Myer S S	2.00m	2.00m

Women Long Jump Senior

	Name	Year	School	Seed	Finals	Wind
1	637 Cheyenne Hanlan-Hu		Milton D H S	4.73m	5.17m	NWI
2	712 Holly Pitters		Mount Carmel SS	4.91m	5.15m	NWI
3	900 Faith Brown		St. Edmund Campi	4.70m	5.00m	NWI
4	237 Beth Thorne		Centennial S S	4.74m	4.90m	NWI
5	318 Lauren Hines		Dunnville S S	4.88m	4.89m	NWI
6	299 Hayley Pinfold		Dennis Morris H S	4.69m	4.87m	NWI
7	1239 Anastasiya Tarnous		White Oaks S S	4.59m	4.71m	NWI
8	296 Annie Dewar		Dennis Morris H S	4.72m	4.67m	NWI
9	534 Riley Dane		Iroquois Ridge H S	4.72m	4.66m	NWI
9	908 LeShe Wedderburn		St. Edmund Campi	4.79m	4.66m	NWI
11	958 Josie Rutka		St. Jean De B	4.53m	4.65m	NWI
12	732 Anna Wojtis		Philip Pocock C S S	4.89m	4.56m	NWI
13	452 Crystal deBoer		Guido De Bres C H S	4.64m	4.50m	NWI
14	1051 Kamoi McWhinney		St. Margueri	4.55m	4.44m	NWI
15	249 Lindsay Kirby		Christ the King	4.55m	4.41m	NWI

Women Triple Jump Senior

	Name	Year	School	Seed	Finals	Wind
1	182 Sara Villani		Brampton Chr	11.22m	11.19m	NWI
2	1051 Kamoi McWhinney		St. Margueri	10.84m	10.87m	NWI
3	709 Emilla Grala		Mount Carmel SS	10.25m	10.80m	NWI
4	577 Amanda Reid		Lakeshore C H S	10.01m	10.52m	NWI

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Women Triple Jump Senior**

5	60	Taylor Blatchley	Beamsville D S S	9.89m	10.16m	NWI
6	321	Mariah Bunz	E. L. Crossley S S	9.92m	9.98m	NWI
7	61	Rachel Eagles	Beamsville D S S	9.91m	9.92m	NWI
8	534	Riley Dane	Iroquois Ridge H S	10.28m	9.89m	NWI
9	438	Morgan Jacques	Grimsby D S S	10.22m	9.68m	NWI
10	875	Alysha Felix	St. Augustine S S	10.01m	9.65m	NWI
11	1239	Anastasiya Tarnous	White Oaks S S	9.30m	9.63m	NWI
12	987	Katelyn Costa	St. Joseph S S	10.30m	9.46m	NWI
13	249	Lindsay Kirby	Christ the King	9.42m	9.40m	NWI
14	950	Laura Chechalk	St. Jean De B	9.85m	9.06m	NWI
15	955	Tayrn Montague	St. Jean De B	9.14m	8.81m	NWI

Women Shot Put Senior

Name		Year	School	Seed	Finals
1	38	Kayann Henry	Ascension of	10.28m	11.45m
2	182	Sara Villani	Brampton Chr	9.97m	11.06m
3	1004	Vanisa Ezukuse	St. Marcellinus S S	9.55m	10.67m
4	295	Jocelyn denHolland	Dennis Morris H S	10.66m	10.31m
5	1198	Randi Carey	Waterdown D H S	9.77m	9.74m
6	1229	Alyssa DiCesare	Westmount S S	9.53m	9.70m
7	745	Ilyssa Boisvenue	Port Colborne H S	9.28m	9.67m
8	727	Anne Campbell	Philip Pocock C S S	9.03m	8.88m
9	647	Chanelle Hinds	Nelson H S	8.34m	8.71m
9	193	Katherine Putzig	Burlington C	7.85m	8.71m
11	748	Nicole Vannatter	Port Colborne H S	9.23m	8.67m
12	634	Carine Djaiani	Mentor College	8.86m	8.65m
13	17	Niki Bozindski	Abbey Park -	8.60m	8.30m
14	48	Nicole Gilmore	Assumption R C S S	8.09m	8.11m
15	417	Kerianne Skea	Georgetown D H S	8.00m	7.95m

Women Discus Throw Senior

	Name	Year	School	Seed	Finals
1	745	Ilyssa Boisvenue	Port Colborne H S	33.80m	37.00m
2	762	Jessica Detlor	Ridge-Cr HS	29.10m	34.17m
3	747	Jazmin Kikkert-Lab	Port Colborne H S	33.45m	32.85m
4	748	Nicole Vannatter	Port Colborne H S	28.92m	31.55m
5	727	Anne Campbell	Philip Pocock C S S	32.84m	31.23m
6	1004	Vanisa Ezukuse	St. Marcellinus S S	29.04m	30.07m
7	295	Jocelyn denHolland	Dennis Morris H S	29.63m	28.66m
8	156	Paar Rambang	Bramalea S S	25.83m	28.16m
9	758	Jade Yerex	Port Credit S S	27.23m	26.90m
10	48	Nicole Gilmore	Assumption R C S S	24.28m	26.32m
11	229	Rachel D'Arsie	Cawthra Park S S		26.26m
12	191	Chantai Orr-Campbe	Burlington C	22.48m	19.80m
13	193	Katherine Putzig	Burlington C	18.83m	19.78m
14	1240	Elizabeth Toop	White Oaks S S	19.24m	18.00m
15	417	Kerianne Skea	Georgetown D H S	22.90m	12.20m

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women Javelin Throw Senior**

	Name	Year School	Seed	Finals
1	3 Victoria Schooning	A.N. Myer S S	39.85m	39.43m
2	384 Sonia Foster	Fort Erie S S	37.08m	36.03m
3	754 Nicole Henry	Port Credit S S	32.65m	35.60m
4	1229 Alyssa DiCesare	Westmount S S	34.61m	34.62m
5	806 Chelsey Maclean	Saltfleet D H S	33.46m	33.37m
6	17 Niki Bozindski	Abbey Park -	26.05m	29.95m
7	1000 Elvira Cochon	St. Marcellinus S S	28.85m	29.55m
8	389 Kelly Richardson	Fr. Michael	29.82m	29.42m
9	758 Jade Yerex	Port Credit S S	27.20m	28.12m
10	745 Ilyssa Boisvenue	Port Colborne H S	29.05m	27.45m
11	229 Rachel D'Arsie	Cawthra Park S S	25.72m	26.10m
12	185 Chantelle Andree	Burlington C	26.12m	25.48m
13	246 Meaghan Buckingham	Christ the King	26.06m	25.35m
14	217 Jayda Childs	Cathedral S	27.46m	23.29m
15	187 Sasha Bertusa	Burlington C	27.33m	23.25m

Women 1500 Meter Steeplechase Open

	Name	Year School	Seed	Finals
1	607 Cailie McGuire	Loyola C S S	5:19.97	5:15.40
2	979 Emily Nowak	St. Joan of Arc	5:24.71	5:18.07
3	819 Talasia Eizenga	Churchill, S	5:33.87	5:23.47
4	1164 Annelise Martin	The Woodlands S S	5:29.30	5:25.44
5	851 Raquel Castro	St. Aloysius	5:38.02	5:33.55
6	168 Coby Phillips	Brampton Cen	5:42.21	5:38.33
7	329 Kathryn Hrycusko	E. L. Crossley S S	5:43.50	5:41.16
8	804 Elizabeth Isbister	Saltfleet D H S	5:44.23	5:45.87
9	1078 Sabrina Waller	St. Michael H S	5:49.07	5:55.53
10	501 Paige Tate	Highland S S	5:39.79	5:57.70
11	104 Becky Morrison	Bishop Tonnos	6:15.29	6:06.63
12	395 Allison Chan	Garth Webb	6:21.27	6:06.70
13	1170 Sarah Hill	Blakelock, T	6:18.94	6:08.65
14	105 Kate Randazzo	Bishop Tonnos	6:27.51	6:24.82
15	689 Paula Mawryczew	Notre Dame R C S S	6:07.10	6:36.12

Women 4x400 Meter Relay Open

	School	Seed	Finals	H#
1	Highland S S 'A'	4:14.69	3:58.38	2
	1) 501 Paige Tate	2) 491 Kylie Hopkins		
	3) 492 Ryann Johnston	4) 486 Emily Brent		
	5) 499 Jenna Smith	6) 488 Sarah Donoff		
2	St. Ignatius of Loyola S 'A'	4:09.03	4:02.28	2
	1) 937 Dayna Ohanlon	2) 938 Bridget O'Neill		
	3) 939 Kristen O'Neill	4) 940 Pamela Sanchez		
	5) 936 Amanda Inglese	6)		
3	St. Marcellinus S S 'A'	4:17.91	4:02.81	2
	1) 1017 Nicole Yee	2) 1007 Maya Genard		
	3) 1001 Veronica Colasanti	4) 1010 Alexia Morgan		
	5) 1011 Maya Pascal	6) 1012 Avery Smith		
4	David Suzuki Secondary School 'A'	4:23.23	4:11.99	1

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Women 4x400 Meter Relay Open**

1) 287 Cheyenne Wilson	2) 284 Natassha McDonald			
3) 286 Renee Steenge	4) 282 Aliyah Marshall			
5) 281 Shanelle Hunnighan	6) 278 Xanobia Bell-Stephenson			
5 St. Joan of Arc C.S.S. 'A'	4:19.54	4:13.19	2	
1) 982 Emily Wilson	2) 979 Emily Nowak			
3) 978 Tiana Mistry	4) 981 Alisha Williams			
5) 977 Carolina Engering	6)			
6 Loyola C S S 'A'	4:22.40	4:14.15	2	
1) 608 Michelle O'Shea	2) 606 Cassandra Lima			
3) 610 Andrea Posella	4) 607 Cailie McGuire			
5) 604 Keyana DesVignes-Gardener	6) 609 Amanda Posella			
7 Nelson H S 'A'	4:22.86	4:18.85	2	
1) 655 Allison Supapol	2) 656 Jennifer Supapol			
3) 657 Ashley Taylor	4) 658 Ivana Vujadinovic			
5) 651 Sonja Mijatovic	6) 642 Hannah Davero			
8 Fletcher's Meadow S.S. 'A'	4:29.25	4:20.02	1	
1) 380 Tianna Thomas	2) 376 Eboni Ledford			
3) 375 Keiana Harris	4) 379 Pawanpreet Singh			
5) 378 Tanisha Richards	6) 377 Kathryn Pullar			
9 Notre Dame R C S S 'A'	4:22.69	4:20.10	2	
1) 687 Tenesha Fuller	2) 688 Erin Mawhinney			
3) 691 Melanie Rodriguez	4) 694 Alycia Vendryes			
5) 695 Cailigh Workentin	6) 693 Tristen Thomas			
10 Holy Trinity C S S 'A'	4:20.87	4:20.75	2	
1) 522 Tayania Smith	2) 517 Natalie Bilokrely			
3) 519 Tegan Duncan	4) 518 Rachel Bronzovich			
5) 520 Lauren Jamieson	6)			
11 Bishop Tonnos C.S.S. 'A'	4:23.30	4:21.98	1	
1) 104 Becky Morrison	2) 100 Marissa Codispodi			
3) 105 Kate Randazzo	4) 97 Amy Bellavia			
5) 95 Alexia Amorim	6) 107 Savannah Simpson			
12 Ridgeway-Crystal Beach 'A'	4:41.08	4:24.33	1	
1) 765 Mary Lapp	2) 761 Abby Bolton			
3) 764 Kristen Kuhn	4) 766 Beeann Maidens			
13 Laura Secord S S 'A'	4:38.35	4:27.09	1	
1) 589 Jasmine Loughheed	2) 590 Annika Mazzearella			
3) 591 Karoline Mazzearella	4) 593 Lynda Othman			
5) 595 Mikayla Sonnenberg	6) 1248 Michalla Bent			
14 E. L. Crossley S S 'A'	4:37.87	4:31.61	1	
1) 325 Keagin Collie	2) 327 Jane Gibson			
3) 322 Julia Burke	4) 335 Tessa Sherk			
15 Blessed Trinity H S 'A'	4:37.10	4:34.70	1	
1) 128 Rachel Langelaan	2) 131 Jessica Meyer			
3) 129 Erin Laughlin	4) 137 Taylor Thomson			
5) 121 Kayla Baker	6) 122 Rachel Barich			

Women 100 Meter Dash Intellectual Ambulatory

Name	Year School	Seed	Finals	Wind
1 429 Talin Najarian	Governor Simcoe S S	16.36	16.24	+0.0
2 1077 Julianne Misk	St. Michael H S	17.20	17.09	+0.0
3 1075 Amen Ehi	St. Michael H S	18.25	18.12	+0.0
4 81 Maria Rapaso	Bishop Ryan C S S	20.02	20.10	+0.0
5 80 Flynn McCowell	Bishop Ryan C S S	28.86	28.55	+0.0

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Women 800 Meter Run Ambulatory Ambulatory**

Name	Year	School	Seed	Finals
1 1077 Julianne Misk		St. Michael H S	3:17.50	3:12.05
2 1075 Amen Ehi		St. Michael H S	4:24.00	4:18.91

Men 100 Meter Dash Midget

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 1121 Jevante Stanley		St. Thomas A	11.82	11.56Q	-0.7	1
2 449 Trent Snyder		Grimsby D S S	11.65	11.61Q	-1.7	2
3 382 Jaylen Lewis-Banto		Fletcher's M.	11.80	11.63Q	-0.7	1
4 881 Tosan Agbeyegbe		St. Augustine S S	11.91	11.66Q	-1.7	2
5 290 Jesse Hamblett		Grizzlies	12.01	11.76q	-1.7	2
6 118 Daniel Skuse		Bishop Tonnos	11.98	11.87q	-0.7	1
7 506 Alex McLung		Highland S S	11.83	11.90q	-1.7	2
8 11 Christopher Parlev		A.N. Myer S S	11.92	11.94q	-0.7	1
9 309 Atreyu Godard		Dennis Morris H S	12.14	12.04	-0.7	1
10 526 Adam Czach		Holy Trinity C S S	12.16	12.05	-1.7	2
11 632 Cordell Bujold-Abu		Meadowvale S S	12.14	12.19	-0.7	1
12 795 Tohma Van Bergen		Robert Batem	12.34	12.21	-1.7	2
13 789 Darius Francis-Gra		Robert Batem	12.43	12.24	-0.7	1
14 548 Nicholas Lorraway		Iroquois Ridge H S	12.38	12.40	-0.7	1

Men 100 Meter Dash Midget

Name	Year	School	Prelims	Finals	Wind
Finals					
1 1121 Jevante Stanley		St. Thomas A	11.56	11.47	-0.1
2 382 Jaylen Lewis-Banto		Fletcher's M.	11.63	11.57	-0.1
3 449 Trent Snyder		Grimsby D S S	11.61	11.66	-0.1
4 881 Tosan Agbeyegbe		St. Augustine S S	11.66	11.74	-0.1
5 506 Alex McLung		Highland S S	11.90	11.83	-0.1
6 118 Daniel Skuse		Bishop Tonnos	11.87	11.83	-0.1
7 290 Jesse Hamblett		Grizzlies	11.76	11.85	-0.1
8 11 Christopher Parlev		A.N. Myer S S	11.94	12.01	-0.1

Men 200 Meter Dash Midget

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 1121 Jevante Stanley		St. Thomas A	23.14	23.91Q	-2.6	2
2 290 Jesse Hamblett		Grizzlies	23.28	24.04Q	-1.4	1
3 382 Jaylen Lewis-Banto		Fletcher's M.	23.29	24.08Q	-1.4	1
4 910 Joshua Agenim-Boat		St. Edmund Campi	23.71	24.54Q	-2.6	2
5 548 Nicholas Lorraway		Iroquois Ridge H S	24.51	24.59q	-2.6	2
6 506 Alex McLung		Highland S S	24.89	24.69q	-2.6	2
7 566 Emilio Pantaleo		John Fraser S S	23.88	24.71q	-2.6	2
8 1231 Brent Smyth		Westmount S S	24.34	24.74q	-1.4	1
9 795 Tohma Van Bergen		Robert Batem	24.36	24.76	-2.6	2
10 11 Christopher Parlev		A.N. Myer S S	24.59	24.78	-1.4	1
11 449 Trent Snyder		Grimsby D S S	24.08	24.80	-1.4	1

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Men 200 Meter Dash Midget**

12	812	Denzel Albers-Wall	MacNab, Sir A	25.04	24.96	-1.4	1
13	526	Adam Czach	Holy Trinity C S S	24.68	25.04	-1.4	1
14	24	Nick Spencer	Acton D H S	24.90	25.24	-1.4	1
15	70	Joseph Gilliard	Reding, Bisho	24.85	25.62	-2.6	2

Men 200 Meter Dash Midget

Name	Year	School	Prelims	Finals	Wind
Finals					
1	1121	Jevante Stanley	St. Thomas A	23.91	24.04 -3.2
2	290	Jesse Hamblett	Grizzlies	24.04	24.08 -3.2
3	382	Jaylen Lewis-Banto	Fletcher's M.	24.08	24.32 -3.2
4	548	Nicholas Lorraway	Iroquois Ridge H S	24.59	24.49 -3.2
5	1231	Brent Smyth	Westmount S S	24.74	24.81 -3.2
6	910	Joshua Agenim-Boat	St. Edmund Campi	24.54	24.83 -3.2
7	506	Alex McLung	Highland S S	24.69	24.84 -3.2
8	566	Emilio Pantaleo	John Fraser S S	24.71	24.97 -3.2

Men 400 Meter Dash Midget

Name	Year	School	Seed	Finals	H#
1	1231	Brent Smyth	Westmount S S	52.82	52.26 2
2	984	D'Andre Edwards	St. Joan of Arc	54.83	53.05 2
3	290	Jesse Hamblett	Grizzlies	55.16	53.39 2
4	566	Emilio Pantaleo	John Fraser S S	54.97	53.41 2
5	35	Connor Russell	Ancaster High	56.11	54.75 2
6	456	Sidney Alkema	Guido De Bres C H S	55.63	55.12 2
7	1025	Arkhe Delacruz	St. Marcellinus S S	56.60	55.57 2
8	15	Reid Yochim	A.N. Myer S S	55.94	55.64 2
9	1181	Connor Hicks	Blakelock, T	57.04	56.55 1
10	834	Jack Moncur	Churchill, S	56.90	56.74 1
11	1243	Aidan Messenger	White Oaks S S	57.65	56.80 1
12	910	Joshua Agenim-Boat	St. Edmund Campi	57.83	57.74 1
13	704	Luke Dickson	Oakville Tra	59.86	58.03 1
14	962	Patrick Cupido	St. Jean De B	59.88	1:01.04 1
--	973	Nathan Petrie	St. Jean De B	58.33	DNF 1

Men 800 Meter Run Midget

Name	Year	School	Seed	Finals	H#
1	1223	Ian MacKinnon	Westdale S S	2:08.16	2:04.03 2
2	447	Gavin Smith	Grimsby D S S	2:09.35	2:05.83 2
3	1244	Daniel Moll	White Oaks S S	2:09.33	2:07.33 2
4	585	Eric Stoop	Lakeshore C H S	2:13.36	2:07.92 2
5	406	Evan Notley	Garth Webb	2:13.05	2:08.85 2
6	774	Levi Fretz	Ridge-Cr HS	2:14.58	2:09.36 1
7	984	D'Andre Edwards	St. Joan of Arc	2:14.61	2:10.45 1
8	1040	Daniel Pereira	St. Marcellinus S S	2:12.64	2:12.08 2
9	478	Matthew Ahola	Heart Lake S S	2:13.24	2:12.13 2
10	472	Justin Ouwendyk	Hamilton Dis	2:17.10	2:12.37 1
11	1181	Connor Hicks	Blakelock, T	2:13.37	2:13.84 2
12	94	Adam Sunavsky	Bishop Ryan C S S	2:15.73	2:14.02 1

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Men 800 Meter Run Midget**

13	409 Bradon Tiels	Garth Webb	2:16.45	2:14.67	1
14	1025 Arkhe Delacruz	St. Marcellinus S S	2:17.83	2:15.51	1
15	1160 Dante Belvedere	The Humberview S	2:16.41	2:18.67	1

Men 1500 Meter Run Midget

Name		Year	School	Seed	Finals
1	823	Millar Coveney	Churchill, S	4:28.89	4:14.55
2	1223	Ian MacKinnon	Westdale S S	4:27.98	4:14.64
3	14	Tyler Thomson	A.N. Myer S S	4:30.84	4:17.87
4	447	Gavin Smith	Grimsby D S S	4:29.07	4:18.29
5	1244	Daniel Moll	White Oaks S S	4:38.11	4:25.74
6	478	Matthew Ahola	Heart Lake S S	4:37.78	4:27.27
7	1040	Daniel Pereira	St. Marcellinus S S	4:38.93	4:31.11
8	774	Levi Fretz	Ridge-Cr HS	4:32.70	4:34.18
9	406	Evan Notley	Garth Webb	4:38.17	4:38.63
10	1160	Dante Belvedere	The Humberview S	4:40.79	4:39.32
11	215	Adam Villela	Cardinal New	4:46.32	4:41.10
12	1026	Justin Diep	St. Marcellinus S S	4:40.76	4:42.24
13	794	Kai Van Bergen	Robert Batem	4:54.75	4:54.12
14	640	Luke Cadieux	Milton D H S	4:55.56	4:58.25

Men 3000 Meter Run Midget

Name		Year	School	Seed	Finals
1	823	Millar Coveney	Churchill, S	9:36.49	9:40.10
2	14	Tyler Thomson	A.N. Myer S S	9:44.79	9:49.75
3	59	Nick Dalessandro	Barton S S	10:13.23	10:03.18
4	1201	Addy Nixon	Waterdown D H S	10:27.09	10:05.82
5	244	Avneet Bhullar	Chinguacousy S S	10:32.42	10:16.42
6	94	Adam Sunavsky	Bishop Ryan C S S	10:33.34	10:29.20
7	558	Gustavo DeMelo	John Cabot C S S	10:32.75	10:34.13
8	406	Evan Notley	Garth Webb	10:41.55	10:34.17
9	557	Joshua Dame	John Cabot C S S	10:32.89	10:35.04
10	868	Sam Cooper	St. Aloysius	10:35.28	10:40.49
11	238	Jonathan Banninga	Centennial S S	10:39.19	10:46.35
12	1026	Justin Diep	St. Marcellinus S S	10:32.05	10:49.07
13	409	Bradon Tiels	Garth Webb	11:10.70	11:10.02
14	794	Kai Van Bergen	Robert Batem	11:20.97	11:29.83
15	791	Michael McMenemy	Robert Batem	11:21.28	11:47.23

Men 100 Meter Hurdles Midget

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	1044	Darrian Seaton-Tuc	St. Marcellinus S S	15.37	15.29Q	+0.0 2
2	1033	Jamie Kusi-Acquah	St. Marcellinus S S	14.91	15.43Q	-3.5 1
3	174	Donte Goulbourne	Brampton Cen	14.79	15.52Q	+0.0 2
4	636	Matt Dziadecki	Mentor College	15.34	16.05Q	-3.5 1
5	973	Nathan Petrie	St. Jean De B	16.81	15.88q	+0.0 2
6	158	Benjamin Arhen	Bramalea S S	15.50	15.89q	+0.0 2
7	968	David Lacharity	St. Jean De B	18.04	16.32q	-3.5 1

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8	971 Lukas Otterstein	St.Jean De B	16.42	16.37q	-3.5	1
9	597 Kyle Craig	Laura Secord S S	16.34	16.63	-3.5	1
10	962 Patrick Cupido	St.Jean De B	16.95	17.08	-3.5	1
11	37 Ryan Tomalin	Ancaster High	16.93	17.21	+0.0	2
12	844 Liam Burrows	South Lincoln H S	17.14	17.54	+0.0	2
13	509 Jack Staz	Highland S S	17.05	17.67	-3.5	1
14	724 Sam Thompson	Parkside H S	17.29	18.06	+0.0	2
15	405 Sam Matthew	Garth Webb	17.92	21.71	-3.5	1

Men 100 Meter Hurdles Midget

Name	Year	School	Prelims	Finals	Wind
Finals					
1	1033	Jamie Kusi-Acquah	St. Marcellinus S S	15.43	14.92 0.3
2	1044	Darrian Seaton-Tuc	St. Marcellinus S S	15.29	15.00 0.3
3	174	Donte Goulbourne	Brampton Cen	15.52	15.04 0.3
4	973	Nathan Petrie	St.Jean De B	15.88	15.50 0.3
5	636	Matt Dziadecki	Mentor College	16.05	15.51 0.3
6	158	Benjamin Arhen	Bramalea S S	15.89	16.01 0.3
7	971	Lukas Otterstein	St.Jean De B	16.37	16.25 0.3
8	968	David Lacharity	St.Jean De B	16.32	16.85 0.3

Men 300 Meter Hurdles Midget

Name	Year	School	Seed	Finals	H#
1	973	Nathan Petrie	St.Jean De B	46.47	44.02 2
2	636	Matt Dziadecki	Mentor College	46.60	44.26 2
3	456	Sidney Alkema	Guido De Bres C H S	45.65	44.33 2
4	812	Denzel Albers-Wall	MacNab,Sir A	45.78	44.87 2
5	341	Jake Bennett	E. L. Crossley S S	46.04	45.17 2
6	174	Donte Goulbourne	Brampton Cen	49.30	45.34 1
7	1196	Gabriel Sepahi	Turner-Fenton S S	47.19	45.42 2
8	1033	Jamie Kusi-Acquah	St. Marcellinus S S	46.20	45.49 2
9	968	David Lacharity	St.Jean De B	51.15	45.66 1
10	1019	Ruddy Amoah	St. Marcellinus S S	48.10	47.38 1
11	509	Jack Staz	Highland S S	48.85	47.93 1
12	962	Patrick Cupido	St.Jean De B	49.32	48.64 1
13	113	Ben Lucier	Bishop Tonnos	50.21	49.46 1
14	357	Thomas Young	E. L. Crossley S S	47.07	49.62 2
15	56	Ethan Maclean	Assumption R C S S	53.00	49.93 1

Men 4x100 Meter Relay Midget

School	Seed	Finals	H#
1 St. Marcellinus S S 'A'	47.65	46.35	2
1) 1019 Ruddy Amoah			
3) 1028 Vince Fuoco			
5) 1044 Darrian Seaton-Tucker			
2 A.N. Myer S S 'A'	48.87	46.96	2
1) 11 Christopher Parlevliet			
3) 9 Joe Murdaca			
5) 14 Tyler Thomson			
2) 1027 Ryan France			
4) 1045 Andrew Tan			
6) 1025 Arkhe Delacruz			
2) 6 Matthew Burns			
4) 15 Reid Yochim			
6)			

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3	Bramalea S S 'A'	48.19	47.01	2
1)	157 Jordan Acheampong	2)	158 Benjamin Arhen	
3)	159 Alex Buccieri	4)	160 DeMoy King	
4	St. Edmund Campion S S 'A'	47.71	47.02	2
1)	924 Phillip Panton	2)	921 Nicolas Mills	
3)	910 Joshua Agenim-Boateng	4)	929 Donte Wedderburn	
5)	925 Leonard Periera	6)		
5	St. Jean de Brebeuf S S 'A'	48.33	47.84	2
1)	967 Ian Kokoski	2)	968 David Lacharity	
3)	971 Lukas Otterstein	4)	973 Nathan Petrie	
5)	962 Patrick Cupido	6)	975 Nick White	
6	Bishop Tonnos C.S.S. 'A'	50.15	48.54	1
1)	111 Nick Furtado	2)	114 Dante Marazzo	
3)	115 Camillo Munoz	4)	120 Nolan Wright	
5)	118 Daniel Skuse	6)	119 Anthony Vespa	
7	St. Thomas Aquinas S S 'A'	49.04	48.69	2
1)	1121 Jevante Stanley	2)	1116 Jordan Lowe	
3)	1120 Chris Spencer	4)	1119 Shamar Simon	
5)	1118 Joshua Sammut	6)		
8	John Fraser S S 'A'	49.12	48.90	2
1)	565 Kyle Morgan	2)	566 Emilio Pantaleo	
3)	564 Steven Lu	4)	563 James Bao	
5)	568 Jason Zhong	6)	567 Avantik Sharma	
9	West Park S S 'A'	49.90	49.00	1
1)	1204 Nolan Benevento	2)	1206 Riley McKinnon	
3)	1207 Cade Scott	4)	1205 Paul Burbulea	
5)	1209 Josh Vanscoy	6)		
10	Assumption R C S S 'A'	50.46	49.48	1
1)	57 Jack Miller	2)	54 Arnason Eric	
3)	55 Cameron Kemp	4)	56 Ethan Maclean	
5)	53 Jack Dabic	6)		
11	E. L. Crossley S S 'A'	51.80	49.53	1
1)	349 Dylan Jones	2)	346 Tyler Grummett	
3)	359 Carter Zides	4)	341 Jake Bennett	
12	Blessed Trinity H S 'A'	51.22	49.59	1
1)	145 Thomas Volz	2)	143 jack Musquite	
3)	142 Mitch Mueller	4)	144 Cullen Varga	
13	Holy Trinity C S S 'A'	49.60	49.95	2
1)	525 Sebastian Contin	2)	528 Ben Kwashigah	
3)	530 Diego Ponce	4)	526 Adam Czach	
5)	529 Caleb Minchin	6)		
14	Garth Webb 'A'	52.03	49.97	1
1)	406 Evan Notley	2)	408 Kyle Rioux	
3)	409 Bradon Tiels	4)	410 Andrew Walker	
5)	411 Endi Xherro	6)		
--	Ridgeway-Crystal Beach 'A'	51.45	DNF	1
1)	780 Tanner Schinkel	2)	779 Justin Riddel	
3)	783 Ethan Tupala	4)	772 Devon Brewster	
5)	774 Levi Fretz	6)		

Men High Jump Midget

Name	Year School	Seed	Finals
1 10 Joseph Murdaca	A.N. Myer S S	1.80m	1.90m

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2	346	Tyler Grummett	E. L. Crossley S S	1.75m	1.83m
3	1113	Mike Sylvester	St. Roch - Brampton	1.73m	1.80m
4	1092	Cameron Pow	St. Paul H S	1.75m	J1.80m
5	632	Cordell Bujold-Abu	Meadowvale S S	1.70m	1.75m
6	475	Jared Hendricks-Po	H M Brathwaite	1.61m	1.70m
6	990	Matthew Cairns	St. Joseph S S	1.64m	1.70m
6	789	Darius Francis-Gra	Robert Batem	1.60m	1.70m
6	898	Damon Johnson	St. Catharin	1.65m	1.70m
10	672	Ryk Vanderpol	Nelson H S	1.60m	1.65m
10	572	Adam Harvie	Kings Christian	1.60m	1.65m
10	391	Hamid Haris	Fr. Michael	1.55m	1.65m
10	274	Bobby Jarrett	Craig Kielberger	1.50m	1.65m
14	11	Christopher Parlev	A.N. Myer S S	1.65m	1.50m
14	275	Stuart Moon	Craig Kielberger	1.45m	1.50m

Men Pole Vault Midget

Name			Year	School	Seed	Finals
1	1037	Jaelin Mah		St. Marcellinus S S	2.40m	2.60m
2	346	Tyler Grummett		E. L. Crossley S S	2.60m	J2.60m
3	601	Adam Zammitt		Laura Secord S S	2.00m	2.00m
4	1042	Andre Punongbayan		St. Marcellinus S S	2.00m	J2.00m

Men Long Jump Midget

Name			Year	School	Seed	Finals	Wind
1	1121	Jevante Stanley		St. Thomas A	5.90m	6.14m	NWI
2	10	Joseph Murdaca		A.N. Myer S S	5.93m	6.11m	NWI
3	1027	Ryan France		St. Marcellinus S S	5.72m	5.62m	NWI
4	1064	Kevin Ofori		St. Margueri	5.69m	5.56m	NWI
5	240	Sheldon Davis		Centennial S S	5.20m	J5.56m	NWI
6	1196	Gabriel Sepahi		Turner-Fenton S S	5.69m	5.54m	NWI
7	789	Darius Francis-Gra		Robert Batem	5.53m	5.50m	NWI
8	24	Nick Spencer		Acton D H S	5.24m	5.45m	NWI
9	751	Zack Piazza		Port Colborne H S	5.24m	5.26m	NWI
10	572	Adam Harvie		Kings Christian	5.34m	5.24m	NWI
11	659	Eric Bernhardt		Nelson H S	5.35m	5.14m	NWI
12	474	Deandre Clifton		H M Brathwaite	5.80m	5.07m	NWI
13	261	Sam Wallace		Christ the King	5.33m	4.97m	NWI

Men Triple Jump Midget

Name		Year	School	Seed	Finals	Wind
1	1064	Kevin Ofori	St. Margueri	12.02m	12.21m	NWI
2	674	Solomon Awobem	Niagara Coll	10.74m	11.80m	NWI
3	921	Nicolas Mills	St. Edmund Campi	11.54m	11.62m	NWI
4	716	Marques Mckenzie	Mount Carmel SS	11.78m	11.37m	NWI
5	672	Ryk Vanderpol	Nelson H S	11.55m	11.35m	NWI
6	1196	Gabriel Sepahi	Turner-Fenton S S	11.62m	11.30m	NWI
6	1025	Arkhe Delacruz	St. Marcellinus S S	11.80m	11.30m	NWI
8	572	Adam Harvie	Kings Christian	11.25m	10.98m	NWI
9	574	Levi Schenk	Kings Christian	10.81m	10.90m	NWI

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10	24	Nick Spencer	Acton D H S	11.00m	10.73m	NWI
10	420	Josh Howson	Georgetown D H S	10.89m	10.73m	NWI
12	6	Matthew Burns	A.N. Myer S S	10.90m	10.60m	NWI
13	458	Chad Bartels	Guido De Bres C H S	10.73m	10.54m	NWI
14	1199	Matthew Fisher	Waterdown D H S	10.79m	10.15m	NWI

Men Shot Put Midget

Name			Year	School	Seed	Finals
1	1183	Cameron Madruga		Blakelock, T	13.22m	13.23m
2	749	Kreek Barrick		Port Colborne H S	12.61m	13.21m
3	799	Jordan Baggio		Robert F. Ha	12.74m	12.88m
4	1023	Cole Candella		St. Marcellinus S S	11.58m	12.41m
5	58	Pat Murphy		Assumption R C S S	11.76m	12.35m
6	1185	Max Theune		Blakelock, T	12.10m	12.25m
7	783	Ethan Tupala		Ridge-Cr HS	12.05m	12.16m
8	457	Benjamin Bartels		Guido De Bres C H S	11.37m	12.14m
9	393	Isaiah Wong-Hen		Fr. Michael	11.88m	11.80m
10	199	Collin Fisher		Burlington C	11.71m	11.75m
11	881	Tosan Agbeyegbe		St. Augustine S S	11.92m	11.71m
12	963	John Diberard		St.Jean De B	11.55m	11.70m
13	559	Robert Krywosz		John Cabot C S S	11.75m	11.54m
14	847	Brock Speller		South Lincoln H S	12.39m	10.31m
--	510	Brandon Wrench		Hill Park S S	11.91m	FOUL

Men Discus Throw Midget

Name			Year	School	Seed	Finals
1	847	Brock Speller		South Lincoln H S	42.56m	48.40m
2	1023	Cole Candella		St. Marcellinus S S	31.82m	38.80m
3	316	Jake Stevenson		Dennis Morris H S	37.32m	38.54m
4	846	Blake Patterson		South Lincoln H S	33.01m	37.97m
5	741	Pawel Migdal		Philip Pocock C S S	32.64m	36.85m
6	120	Nolan Wright		Bishop Tonnos	33.86m	36.06m
7	734	Oscar Adamczyk		Philip Pocock C S S	36.20m	35.79m
8	815	Ryan Schleeahahn		MacNab, Sir A	34.60m	34.55m
9	370	Ryan Cuthbert		Erindale S S	32.44m	32.18m
10	783	Ethan Tupala		Ridge-Cr HS	35.83m	31.89m
11	963	John Diberard		St. Jean De B	28.86m	30.85m
12	53	Jack Dabic		Assumption R C S S	30.22m	29.08m
13	393	Isaiah Wong-Hen		Fr. Michael	31.82m	28.53m
14	58	Pat Murphy		Assumption R C S S	31.26m	26.39m
15	975	Nick White		St. Jean De B	29.02m	26.11m

Men Javelin Throw Midget

Name			Year	School	Seed	Finals
1	751	Zack Piazza		Port Colborne H S	36.04m	41.50m
2	1089	Edward Liu		St. Paul H S	38.78m	38.58m
3	622	Dylan Proulx		Mayfield S S	36.63m	38.29m
4	1185	Max Theune		Blakelock, T	37.50m	38.28m
5	12	Tyler Scholz		A.N. Myer S S	37.65m	36.34m

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6	508	Spencer Smyth	Highland S S	39.24m	35.54m
7	1183	Cameron Madruga	Blakelock, T	36.32m	35.06m
8	391	Hamid Haris	Fr. Michael	31.54m	34.68m
9	120	Nolan Wright	Bishop Tonnos	31.54m	32.24m
10	741	Pawel Migdal	Philip Pocock C S S	32.37m	31.70m
11	972	Brian Palacios	St.Jean De B	36.21m	30.69m
12	374	Daniel Stretton	Erindale S S	31.19m	29.64m
13	842	Jacob Zantingh	Smithville D	36.25m	28.32m
--	407	Jonathan Reid	Garth Webb	37.56m	FOUL
--	760	Tad Pfupa	Port Credit S S	30.70m	FOUL

Men 100 Meter Dash Junior

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	662	Nathan Egert	Nelson H S	11.53	11.37Q	-1.0 1
2	1062	Brandon Letts	St. Margueri	11.64	11.54Q	-2.7 2
3	928	Leacroft Thompson	St. Edmund Campi	11.70	11.42Q	-1.0 1
4	926	Keysean Powell	St. Edmund Campi	11.85	11.75Q	-2.7 2
5	263	Christopher Smith	Clarkson S S	11.79	11.44q	-1.0 1
6	701	Jacob Marks	Notre Dame R C S S	11.87	11.63q	-1.0 1
7	162	Kenya Small	Bramalea S S	11.98	11.65q	-1.0 1
8	31	Nick DeLuca	Ancaster High	11.71	11.76q	-1.0 1
9	302	Twanell Bell	Dennis Morris H S	11.55	11.80	-2.7 2
10	315	Jaquan Selman	Dennis Morris H S	11.76	11.88	-1.0 1
11	1072	Tyrell Collins-Rei	St. Mary's S S	11.74	12.00	-2.7 2
12	573	Kyle Kudlik	Kings Christian	11.84	12.13	-2.7 2
13	430	Danny Campbell	Governor Simcoe S S	12.02	12.42	-2.7 2
14	140	Nathan Kennedy	Blessed Trinity H S	12.01	12.46	-2.7 2
15	1151	Patrick O'Brien	St.Thomas Aquinas	11.76	12.83	-2.7 2

Men 100 Meter Dash Junior

Name	Year	School	Prelims	Finals	Wind
Finals					
1	1062	Brandon Letts	St. Margueri	11.54	11.13 -1.0
2	662	Nathan Egert	Nelson H S	11.37	11.26 -1.0
3	263	Christopher Smith	Clarkson S S	11.44	11.27 -1.0
4	928	Leacroft Thompson	St. Edmund Campi	11.42	11.39 -1.0
5	701	Jacob Marks	Notre Dame R C S S	11.63	11.55 -1.0
6	926	Keysean Powell	St. Edmund Campi	11.75	11.55 -1.0
7	31	Nick DeLuca	Ancaster High	11.76	11.60 -1.0
8	162	Kenya Small	Bramalea S S	11.65	11.97 -1.0

Men 200 Meter Dash Junior

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	662	Nathan Egert	Nelson H S	22.98	23.26Q	0.6 2
2	1062	Brandon Letts	St. Margueri	23.40	23.31Q	0.6 1
3	928	Leacroft Thompson	St. Edmund Campi	22.93	23.56Q	0.6 2
4	31	Nick DeLuca	Ancaster High	23.73	23.71Q	0.6 1

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5	1072	Tyrell Collins-Rei	St. Mary's S S	23.91	23.70q	0.6	2
6	162	Kenya Small	Bramalea S S	23.76	23.77q	0.6	2
7	431	Sam Greenlaw	Governor Simcoe S S	24.39	23.80q	0.6	1
8	315	Jaquan Selman	Dennis Morris H S	23.72	23.81q	0.6	1
9	993	Travis Sagar	St. Joseph S S	23.55	23.90	0.6	2
10	705	Max Stewart	Oakville Tra	24.19	24.01	0.6	1
11	573	Kyle Kudlik	Kings Christian	24.06	24.09	0.6	1
12	211	Clark Adams	Cardinal New	24.31	24.24	0.6	2
13	345	Sam Fennell	E. L. Crossley S S	24.23	24.27	0.6	2
14	515	Robert Barbas	Holy Cross S S	24.77	24.39	0.6	1
15	1156	Rafay Aman	Slss-Mississauga	23.58	24.68	0.6	2

Men 200 Meter Dash Junior

Name	Year	School	Prelims	Finals	Wind
Finals					
1	662	Nathan Egert	Nelson H S	23.26	22.54 0.6
2	1062	Brandon Letts	St. Margueri	23.31	22.58 0.6
3	928	Leacroft Thompson	St. Edmund Campi	23.56	23.21 0.6
4	315	Jaquan Selman	Dennis Morris H S	23.81	23.45 0.6
5	31	Nick DeLuca	Ancaster High	23.71	23.51 0.6
6	431	Sam Greenlaw	Governor Simcoe S S	23.80	23.54 0.6
7	1072	Tyrell Collins-Rei	St. Mary's S S	23.70	23.57 0.6
8	162	Kenya Small	Bramalea S S	23.77	23.82 0.6

Men 400 Meter Dash Junior

Name	Year	School	Seed	Finals	H#
1	1136	Robert Heppenstall	St. Thomas M	51.61	49.34 2
2	1036	Matthew LeLiever	St. Marcellinus S S	49.94	49.88 2
3	705	Max Stewart	Oakville Tra	54.58	51.54 2
4	1117	Alex Recinos	St. Thomas A	52.31	51.74 2
5	162	Kenya Small	Bramalea S S	51.86	51.80 2
6	345	Sam Fennell	E. L. Crossley S S	53.84	52.15 2
7	697	Jacob Dunning	Notre Dame R C S S	55.24	52.42 1
8	505	Tom Manson	Highland S S	55.07	53.52 1
9	431	Sam Greenlaw	Governor Simcoe S S	55.66	53.82 1
10	596	Will Cowling	Laura Secord S S	55.88	54.15 1
11	204	Bartosz Antczak	Cardinal Leger S S	53.89	54.21 2
12	504	Jack Holmes	Highland S S	55.79	54.52 1
13	1245	Michael Ogundeji	White Oaks S S	57.74	56.36 1
14	209	James Sullivan	Cardinal Leger S S	53.49	1:22.09 2

Men 800 Meter Run Junior

Name	Year	School	Seed	Finals	H#
1	1136	Robert Heppenstall	St. Thomas M	2:01.39	1:56.05 2
2	505	Tom Manson	Highland S S	2:01.22	2:00.74 2
3	372	Braydon Rennie	Erindale S S	2:04.69	2:01.11 2
4	831	Justin Lawless	Churchill, S	2:05.47	2:01.42 2
5	700	Ryan Korol	Notre Dame R C S S	2:11.62	2:07.76 1
6	516	Nicholas Dhannyram	Holy Cross S S	2:08.52	2:08.36 2

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7	204	Bartosz Antczak	Cardinal Leger S S	2:15.24	2:09.12	1
8	214	Adam Tweedle	Cardinal New	2:12.96	2:10.66	1
9	1247	Dwayne Francis	Mount Carmel SS	2:15.82	2:11.20	1
10	1245	Michael Ogundej	White Oaks S S	2:17.16	2:13.06	1
11	503	Erik Heidebrecht	Highland S S	2:05.03	2:15.11	2
12	209	James Sullivan	Cardinal Leger S S	2:06.94	2:21.23	2
13	556	Brandon Jones	Jean Vanier E S	2:03.15	2:22.75	2
14	1158	Kale Heino	Streetsville S S	2:15.13	2:31.11	1

Men 1500 Meter Run Junior

Name		Year	School	Seed	Finals
1	372	Braydon Rennie	Erindale S S	4:04.93	4:04.66
2	560	Sergio Raez-Villan	John Cabot C S S	4:12.03	4:09.99
3	829	Cain Hassim	Churchill, S	4:17.73	4:11.79
4	196	Nicholas Barnes	Burlington C	4:25.47	4:13.75
5	503	Erik Heidebrecht	Highland S S	4:26.37	4:14.77
6	421	Matt Knebel	Georgetown D H S	4:25.57	4:19.21
7	810	Callum Darby	Sherwood S S	4:27.40	4:22.87
8	1158	Kale Heino	Streetsville S S	4:19.35	4:23.94
9	301	David Altamirano	Dennis Morris H S	4:27.46	4:27.58
10	205	Brain Jaimes	Cardinal Leger S S	4:24.71	4:29.82
11	700	Ryan Korol	Notre Dame R C S S	4:35.22	4:32.78
12	831	Justin Lawless	Churchill, S	4:29.74	4:32.83
13	849	Pawel Kapa	St Martin	4:32.12	4:35.22
14	943	Mark Stochl	St. Ignatius	4:38.05	4:38.59

Men 3000 Meter Run Junior

	Name	Year	School	Seed	Finals
1	372	Braydon Rennie	Erindale S S	9:07.21	8:52.71
2	829	Cain Hassim	Churchill, S	9:26.63	9:05.89
3	560	Sergio Raez-Villan	John Cabot C S S	9:21.56	9:09.98
4	196	Nicholas Barnes	Burlington C	9:27.82	9:22.24
5	1158	Kale Heino	Streetsville S S	9:48.52	9:34.80
6	421	Matt Knebel	Georgetown D H S	9:48.67	9:47.04
7	301	David Altamirano	Dennis Morris H S	9:54.59	9:57.56
8	470	Aaron DeJong	Hamilton Dis	10:07.70	10:03.37
9	623	Niko Racicot	Mayfield S S	10:24.69	10:06.65
10	698	Adrian Gimon	Notre Dame R C S S	10:19.45	10:08.05
11	810	Callum Darby	Sherwood S S	9:58.10	10:20.24
12	1178	Mitchell Barran	Blakelock, T	10:15.13	10:31.62
13	205	Brain Jaimes	Cardinal Leger S S	9:54.71	10:41.72
14	213	Josh Nardini	Cardinal New	10:25.00	11:01.75
--	36	Ian Searles	Ancaster High	10:10.92	DNF

Men 100 Meter Hurdles Junior

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	428	Juwon Obatolu	Gordon Grayd	15.33	15.32Q	0.2 2
2	171	Henry Do	Brampton Cen	16.22	15.46Q	-1.1 1

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3	169 Talon Denton	Brampton Cen	15.86	15.62Q	0.2	2
4	836 Matthew Nickel	Churchill, S	15.44	15.88Q	-1.1	1
5	809 Josh Culver	Sherwood S S	16.64	15.88q	0.2	2
6	598 Duan Parchment	Laura Secord S S	15.64	16.09q	0.2	2
7	600 Mack Wilson	Laura Secord S S	15.47	16.20q	-1.1	1
8	913 Larkland Burton	St. Edmund Campi	16.27	16.23q	-1.1	1
9	1139 Kevin Perera	St. Thomas M	16.78	16.43	-1.1	1
10	942 Park Andy	St. Ignatius	16.75	16.47	-1.1	1
11	239 Kyle Collard	Centennial S S	16.70	16.64	0.2	2
12	974 Jordan Robinson	St. Jean De B	18.46	17.91	0.2	2
13	668 Isaak Mele	Nelson H S	19.36	18.07	-1.1	1
14	427 Joshua Hu	Gordon Grayd	19.08	18.76	-1.1	1

Men 100 Meter Hurdles Junior

Name	Year	School	Prelims	Finals	Wind
Finals					
1	428 Juwon Obatolu	Gordon Grayd	15.32	15.08	-0.5
2	836 Matthew Nickel	Churchill, S	15.88	15.44	-0.5
3	809 Josh Culver	Sherwood S S	15.88	15.60	-0.5
4	171 Henry Do	Brampton Cen	15.46	15.64	-0.5
5	600 Mack Wilson	Laura Secord S S	16.20	15.72	-0.5
6	598 Duan Parchment	Laura Secord S S	16.09	15.76	-0.5
7	169 Talon Denton	Brampton Cen	15.62	16.03	-0.5
8	913 Larkland Burton	St. Edmund Campi	16.23	16.06	-0.5

Men 300 Meter Hurdles Junior

Name	Year	School	Seed	Finals	H#
1	836 Matthew Nickel	Churchill, S	43.14	42.66	2
2	1117 Alex Recinos	St. Thomas A	45.70	42.75	1
3	171 Henry Do	Brampton Cen	45.18	42.94	2
4	504 Jack Holmes	Highland S S	43.91	43.08	2
5	809 Josh Culver	Sherwood S S	44.97	43.79	2
6	201 Luke Parkin	Burlington C	46.11	44.00	1
7	913 Larkland Burton	St. Edmund Campi	46.68	44.33	1
8	175 Kody Johnson	Brampton Cen	45.35	45.31	2
9	942 Park Andy	St. Ignatius	46.33	45.31	1
10	170 Gursher Dhillon	Brampton Cen	46.41	45.79	1
11	423 Braeden Silva	Georgetown D H S	48.94	47.07	1
12	418 Owen Bahen	Georgetown D H S	48.77	47.85	1
13	342 Cameron Borisenko	E. L. Crossley S S	45.04	48.13	2
--	598 Duan Parchment	Laura Secord S S	44.80	DQ	2

Men 4x100 Meter Relay Junior

School	Seed	Finals	H#
1 St. Edmund Campion S S 'A'	44.93	44.23	2
1) 912 Denzel Brown	2) 928 Leacroft Thompson		
3) 926 Keysean Powell	4) 927 Olushola Tanimowo		
5) 913 Larkland Burton	6) 911 O'Shea Bailey		
2 Dennis Morris H S 'A'	46.62	44.44	2

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1) 314 Byron Prince	2) 302 Twanell Bell			
3) 317 Akeem Wilson	4) 315 Jaquan Selman			
5) 303 Jake Chambers	6) 304 Vlad Cojocari			
3 St. Marguerite D'Youville 'A'	46.94	44.71	2	
1) 1056 Daniel Boreland	2) 1062 Brandon Letts			
3) 1058 Josh D'Lima	4) 1063 Emmanuel Nketiah			
5) 1064 Kevin Ofori	6) 1065 Kevin Straube			
4 David Suzuki Secondary School 'A'	46.54	44.80	2	
1) 292 Kevaughn Wilson	2) 293 Taris Wilson			
3) 291 Justin Szymanski-Washington	4) 288 Darnell Bartholomew			
5) 290 Jesse Hamblett	6) 289 Jonathan Biggs			
5 St. Augustine S S 'A'	46.47	45.75	2	
1) 887 Kyle Martins	2) 881 Tosan Agbeyegbe			
3) 885 Jadale Inniss	4) 889 Shemar Nelson			
5) 896 Andrew Stewart	6)			
6 Ascension of Our Lord S S 'A'	46.73	46.02	2	
1) 44 Anthony Murrel	2) 42 Jerome Green			
3) 41 Jahmessiah Edwards	4) 40 Regan Botang			
5) 39 Harith Ahmed	6)			
7 Notre Dame R C S S 'A'	47.06	46.19	2	
1) 701 Jacob Marks	2) 697 Jacob Dunning			
3) 703 Austin Paterson	4) 699 Jared Kay			
5) 700 Ryan Korol	6) 696 Jordan Adams			
8 St. Thomas More C SS 'A'	47.43	46.38	1	
1) 1136 Robert Heppenstall	2) 1133 Jacob Dudalski			
3) 1141 Shequan Shaw	4) 1132 Tafari Delisser			
5) 1140 Mitchell Phillips	6)			
9 Bishop Tonnos C.S.S. 'A'	47.95	46.50	1	
1) 109 Adam Carnicelli	2) 110 Luca Forchielli			
3) 108 Marco Aref	4) 112 Evan Kirkelos			
5) 116 Joe Radojewski	6) 117 Mark Robinson			
10 E. L. Crossley S S 'A'	48.37	46.55	1	
1) 343 Koldin Collie	2) 344 Kyle Druzina			
3) 354 Cole Montgomery	4) 345 Sam Fennell			
5) 351 Malcolm Lynett	6) 342 Cameron Borisenko			
11 Sir Winston Churchill S S 'A'	49.32	47.19	1	
1) 826 Alvin Fortaleza	2) 830 Jacob Hinchberger			
3) 839 Allan Vary	4) 836 Matthew Nickel			
5) 834 Jack Moncur	6) 832 David Lillo			
12 St. Paul H S 'A'	50.07	47.75	1	
1) 1092 Cameron Pow	2) 1095 Brennan Tries			
3) 1090 Seth Long	4) 1087 Anthony Cirillo			
5) 1089 Edward Liu	6) 1094 James Simpson			
13 St. Thomas Aquinas 'A'	47.38	48.44	2	
1) 1149 Alex Connel	2) 1152 Justin Ortiz			
3) 1153 Will Rickleman	4) 1151 Patrick O'Brien			
5) 1154 Anthony Vukojevic	6)			
-- Ancaster High 'A'	50.15	DQ	1	
1) 34 Nick Petropoulos	2) 31 Nick DeLuca			
3) 35 Connor Russell	4) 33 Michael Kehinde			
-- Thomas A. Blakelock H S 'A'	47.72	DQ	1	
1) 1179 Aidan Challis	2) 1187 Damon White			
3) 1182 George Jeffrey	4) 1180 Grant Hellmann			
5) 1184 Reese Pillinger	6)			

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Men High Jump Junior**

	Name	Year	School	Seed	Finals
1	354 Cole Montgomery		E. L. Crossley S S	1.75m	1.82m
2	1189 Logan Gauld		Thorold S S	1.70m	1.80m
3	1203 David Bailey		West Park S S	1.70m	1.77m
4	616 Hugo Klepsch		M. M. Robinson H S	1.65m	J1.77m
5	989 Shamar Brown		St. Joseph S S	1.71m	1.72m
6	1083 Mathew Ryan		St. Michael S.S.	1.68m	J1.72m
7	836 Matthew Nickel		Churchill, S	1.70m	1.70m
8	735 Teslim Adewadu		Philip Pocock C S S	1.68m	1.65m
8	471 Josh Huisman		Hamilton Dis	1.70m	1.65m
8	175 Kody Johnson		Brampton Cen	1.65m	1.65m
11	790 Brett Liddell		Robert Batem	1.60m	1.60m
11	545 Colin Kartick		Iroquois Ridge H S	1.55m	1.60m
--	404 Bojan Lazic		Garth Webb	1.50m	NH
--	403 Nathan Gillingham		Garth Webb	1.55m	NH

Men Pole Vault Junior

	Name	Year	School	Seed	Finals
1	778 Joel Mueller		Ridge-Cr HS	4.00m	3.60m
2	773 Tyler Dickerson		Ridge-Cr HS	2.30m	2.60m
2	600 Mack Wilson		Laura Secord S S	2.30m	2.60m
4	351 Malcolm Lynett		E. L. Crossley S S	2.60m	2.45m
--	350 Brock Leduc		E. L. Crossley S S	2.30m	FAIL

Men Long Jump Junior

	Name	Year	School	Seed	Finals	Wind
1	302 Twanell Bell		Dennis Morris H S	6.31m	6.32m	NWI
2	826 Alvin Fortaleza		Churchill, S	6.16m	6.31m	NWI
3	896 Andrew Stewart		St. Augustine S S	5.55m	6.19m	NWI
4	317 Akeem Wilson		Dennis Morris H S	6.01m	6.16m	NWI
5	662 Nathan Egert		Nelson H S	5.98m	6.10m	NWI
6	1122 Jacob Turk		St. Thomas A	5.68m	5.98m	NWI
7	1140 Mitchell Phillips		St. Thomas M	5.70m	5.94m	NWI
8	354 Cole Montgomery		E. L. Crossley S S	5.78m	J5.94m	NWI
9	303 Jake Chambers		Dennis Morris H S	6.04m	5.81m	NWI
10	262 Zack Knight		Clarkson S S	5.62m	5.79m	NWI
11	926 Keysean Powell		St. Edmund Campi	5.45m	5.66m	NWI
12	787 Zach Anderson		Robert Batem	5.44m	5.57m	NWI
13	800 Joesph D'Amico		Robert F. Ha	5.51m	5.52m	NWI
14	212 Justin Connolly		Cardinal New	5.67m	5.43m	NWI
--	1246 Owen Wheeler		White Oaks S S	5.70m	FOUL	

Men Triple Jump Junior

	Name	Year	School	Seed	Finals	Wind
1	302 Twanell Bell		Dennis Morris H S	13.00m	13.35m	NWI
2	315 Jaquan Selman		Dennis Morris H S	12.71m	13.13m	NWI
3	1022 Brandon Bisnath-Ba		St. Marcellinus S S	12.35m	12.69m	NWI
4	1063 Emmanuel Nketiah		St. Margueri	12.56m	12.58m	NWI

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Men Triple Jump Junior**

5	351	Malcolm Lynett	E. L. Crossley S S	12.26m	12.56m	NWI
6	826	Alvin Fortaleza	Churchill, S	12.36m	12.22m	NWI
7	484	Richard Nieuwold	Heritage Chr	12.33m	12.11m	NWI
8	896	Andrew Stewart	St. Augustine S S	12.16m	12.06m	NWI
9	918	Tochi Maka	St. Edmund Campi	12.15m	12.00m	NWI
10	926	Keysean Powell	St. Edmund Campi	12.77m	11.81m	NWI
11	1246	Owen Wheeler	White Oaks S S	11.85m	11.60m	NWI
12	195	Devon Andree	Burlington C	11.00m	10.60m	NWI
13	547	Warren Lister	Iroquois Ridge H S	10.50m	10.21m	NWI
14	1184	Reese Pillinger	Blakelock, T	10.70m	9.80m	NWI
15	403	Nathan Gillingham	Garth Webb	9.91m	9.18m	NWI

Men Shot Put Junior

Name		Year	School	Seed	Finals
1	260	Aleks Rapp	Christ the King	14.88m	14.41m
2	744	Dylan Zerafa	Philip Pocock C S S	13.54m	14.04m
3	742	Ryan Molina	Philip Pocock C S S	14.22m	13.92m
4	432	Alex Jobson	Governor Simcoe S S	14.13m	13.89m
5	750	Lucas Clattenburg	Port Colborne H S	12.42m	13.88m
6	313	Nolan Nardangeli	Dennis Morris H S	12.60m	13.69m
7	922	Andrew Obembe	St. Edmund Campi	13.42m	13.47m
8	1200	Benjamin Hepburn	Waterdown D H S	14.04m	13.38m
9	1046	Aleks Vatic	St. Marcellinus S S	13.65m	12.85m
10	402	Ben Blacker	Garth Webb	11.99m	12.84m
11	91	Garrison Nichols	Bishop Ryan C S S	12.49m	12.78m
12	681	Cole Arshembault	Notre Dame College	12.75m	12.38m
13	991	Christopher Karaba	St. Joseph S S	13.41m	12.36m
14	276	Steven Stergiadis	Craig Kielberger	12.10m	12.34m
15	1242	Ryan Grassi	White Oaks S S	12.17m	12.03m

Men Discus Throw Junior

Name		Year	School	Seed	Finals
1	750	Lucas Clattenburg	Port Colborne H S	43.29m	49.63m
2	340	Austin Armstrong	E. L. Crossley S S	45.15m	48.15m
3	260	Aleks Rapp	Christ the King	45.10m	47.48m
4	736	Daniel Baranowski	Philip Pocock C S S	40.95m	46.91m
5	773	Tyler Dickerson	Ridge-Cr HS	42.15m	43.16m
6	777	Bryce Martin	Ridge-Cr HS	38.77m	41.92m
7	845	Josh Cole	South Lincoln H S	38.23m	41.12m
8	1122	Jacob Turk	St. Thomas A	38.24m	39.00m
9	744	Dylan Zerafa	Philip Pocock C S S	36.09m	37.13m
10	737	Matt Biskys	Philip Pocock C S S	36.55m	36.82m
11	183	Jeevanjot Kang	Brampton Chr	34.55m	35.51m
12	198	Zack Dymond	Burlington C	36.86m	33.03m
13	1242	Ryan Grassi	White Oaks S S	33.87m	31.79m
14	52	Andrew Barr	Assumption R C S S	36.93m	30.52m
15	403	Nathan Gillingham	Garth Webb	31.45m	30.13m

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Men Javelin Throw Junior**

Name	Year	School	Seed	Finals
1 141 Noah Lane		Blessed Trinity H S	49.54m	51.29m
2 841 Simon Folkerts		Smithville D	50.71m	49.86m
3 1122 Jacob Turk		St. Thomas A	46.70m	48.93m
4 599 Tyler Waliki		Laura Secord S S	45.70m	46.24m
5 837 Jeremy Penner		Churchill, S	46.78m	46.12m
6 1180 Grant Hellmann		Blakelock, T	41.72m	40.55m
7 170 Gursher Dhillon		Brampton Cen	38.76m	39.32m
8 183 Jeevanjot Kang		Brampton Chr	36.80m	38.69m
9 368 Daniel Alexandrov		Eden High School	44.15m	38.39m
10 1020 Ezekiel Baluyot		St. Marcellinus S S	39.84m	38.19m
11 260 Aleks Rapp		Christ the King	38.82m	38.18m
12 371 Cameron Relph		Erindale S S	36.59m	38.09m
13 200 Parker Gold		Burlington C	37.00m	37.74m
14 696 Jordan Adams		Notre Dame R C S S	39.26m	36.07m
-- 402 Ben Blacker		Garth Webb	38.17m	FOUL

Men 100 Meter Dash Senior

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 1021 Deion Barker		St. Marcellinus S S	10.91	10.94Q	-1.0	1
2 1109 Kristian Benjamin		St. Roch - Brampton	11.03	11.23Q	-2.9	2
3 43 Angus Jno-Pierre		Ascension of	11.26	10.96Q	-1.0	1
4 895 Norris Spike		St. Augustine S S	11.14	11.31Q	-2.9	2
5 923 Daniel Palmer-Salm		St. Edmund Campi	11.21	11.15q	-1.0	1
6 1150 Roland Dodoo		St. Thomas Aquinas	11.54	11.21q	-1.0	1
7 1186 Brandon Tyrrell		Blakelock, T	11.40	11.22q	-1.0	1
8 308 Jabari George		Dennis Morris H S	11.33	11.37q	-1.0	1
9 305 Shane Decker		Dennis Morris H S	11.29	11.37	-2.9	2
10 682 Johnny Augustine		Notre Dame College	11.30	11.52	-2.9	2
11 683 Kelvyn Brannigan		Notre Dame College	11.44	11.69	-2.9	2
12 69 Jeremy Farquharson		Reding, Bisho	11.96	11.72	-2.9	2
13 307 Matt Francis		Dennis Morris H S	11.43	11.75	-2.9	2
14 1131 Kadeem Bertrand		St. Thomas M	11.99	11.94	-2.9	2

Men 100 Meter Dash Senior

Name	Year	School	Prelims	Finals	Wind
Finals					
1 1021 Deion Barker		St. Marcellinus S S	10.94	10.84	+0.0
2 1109 Kristian Benjamin		St. Roch - Brampton	11.23	10.89	+0.0
3 43 Angus Jno-Pierre		Ascension of	10.96	10.93	+0.0
4 1150 Roland Dodoo		St. Thomas Aquinas	11.21	11.02	+0.0
5 895 Norris Spike		St. Augustine S S	11.31	11.02	+0.0
6 305 Shane Decker		Dennis Morris H S	11.37	11.04	+0.0
7 923 Daniel Palmer-Salm		St. Edmund Campi	11.15	11.10	+0.0
8 1186 Brandon Tyrrell		Blakelock, T	11.22	11.21	+0.0

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Men 200 Meter Dash Senior**

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 1021 Deion Barker		St. Marcellinus S S	21.50	21.90Q	0.6	2
2 1109 Kristian Benjamin		St. Roch - Brampton	21.87	22.62Q	-1.4	1
3 923 Daniel Palmer-Salm		St. Edmund Campi	22.09	22.70Q	-1.4	1
4 915 Rashad Glasgow		St. Edmund Campi	22.43	22.82Q	0.6	2
5 1186 Brandon Tyrrell		Blakelock, T	23.00	22.83q	-1.4	1
6 895 Norris Spike		St. Augustine S S	22.35	22.84q	0.6	2
7 1150 Roland Dodoo		St. Thomas Aquinas	23.17	22.99q	0.6	2
8 580 Shane Harding		Lakeshore C H S	23.23	23.01q	0.6	2
9 305 Shane Decker		Dennis Morris H S	22.79	23.08	-1.4	1
10 840 Calum Westbrook		Churchill, S	23.50	23.33	0.6	2
11 69 Jeremy Farquharson		Reding, Bisho	23.25	23.35	-1.4	1
12 683 Kelvyn Brannigan		Notre Dame College	23.47	23.42	0.6	2
13 667 Justin Karch		Nelson H S	23.73	24.22	-1.4	1

Men 200 Meter Dash Senior

Name	Year	School	Prelims	Finals	Wind
Finals					
1 1021 Deion Barker		St. Marcellinus S S	21.90	22.13	-0.2
2 1109 Kristian Benjamin		St. Roch - Brampton	22.62	22.17	-0.2
3 1186 Brandon Tyrrell		Blakelock, T	22.83	22.64	-0.2
4 923 Daniel Palmer-Salm		St. Edmund Campi	22.70	22.73	-0.2
5 915 Rashad Glasgow		St. Edmund Campi	22.82	22.91	-0.2
6 895 Norris Spike		St. Augustine S S	22.84	22.95	-0.2
7 1150 Roland Dodoo		St. Thomas Aquinas	22.99	23.14	-0.2
8 580 Shane Harding		Lakeshore C H S	23.01	23.41	-0.2

Men 400 Meter Dash Senior

Name	Year	School	Seed	Finals	H#
1 1080 Zachary Hildebrand		St. Michael H S	50.61	49.57	2
2 480 Sonjoe Nash		Heart Lake S S	50.58	50.33	2
3 308 Jabari George		Dennis Morris H S	51.30	50.40	2
4 824 Garrett Dion		Churchill, S	51.06	50.47	2
5 871 Curtis Richards		St. Aloysius	51.80	51.31	2
6 231 Jordan Stanford		Cawthra Park S S	51.31	51.77	2
7 792 Mostafa Mohamed		Robert Batem	53.63	52.30	1
8 1165 Travis Moore		The Woodlands S S	52.47	52.48	2
9 544 John Breeson		Iroquois Ridge H S	53.46	52.60	1
10 1225 Jordan Fortin		Westlane S S	53.23	52.77	1
11 355 Nick Rizzo		E. L. Crossley S S	52.93	53.01	1
12 944 John Whaley		St. Ignatius	55.09	53.72	1
13 964 Marcus Dizenzo		St. Jean De B	54.82	53.87	1
14 702 Joel Maves		Notre Dame R C S S	55.48	55.32	1
15 722 Alexander Zaranek		Mount Carmel SS	52.60	57.97	2

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Men 800 Meter Run Senior**

	Name	Year	School	Seed	Finals	H#
1	507 Liam Smith		Highland S S	1:58.66	1:54.83	2
2	176 Justin Moakler		Brampton Cen	2:00.19	1:57.17	2
3	722 Alexander Zaranek		Mount Carmel SS	2:01.14	1:57.20	2
4	1165 Travis Moore		The Woodlands S S	2:00.61	1:57.56	2
5	1227 Theodore Kountouro		Westlane S S	2:03.17	1:57.79	2
6	931 Jeremy Mol		St. Francis S S	2:01.54	1:59.76	2
7	30 Nathan Dehghan		Ancaster High	2:07.16	2:01.74	1
8	684 Germano Mark		Notre Dame College	2:06.64	2:03.33	1
9	544 John Breeson		Iroquois Ridge H S	2:08.57	2:03.63	1
10	1041 Marc Pereira		St. Marcellinus S S	2:04.92	2:03.64	2
11	792 Mostafa Mohamed		Robert Batem	2:10.33	2:05.36	1
12	86 Bradley Doering		Bishop Ryan C S S	2:11.22	2:05.93	1
13	221 Tyler Fournier		Cathedral S	2:13.76	2:09.45	1
14	914 Dimitry Giunta		St. Edmund Campi	2:04.20	2:10.80	2
15	673 Markku Wainman		Nelson H S	2:15.55	2:11.67	1

Men 1500 Meter Run Senior

	Name	Year	School	Seed	Finals
1	448 Troy Smith		Grimsby D S S	4:03.06	3:59.79
2	507 Liam Smith		Highland S S	4:09.31	4:03.55
3	1227 Theodore Kountouro		Westlane S S	4:11.92	4:05.99
4	176 Justin Moakler		Brampton Cen	4:13.49	4:06.45
5	1228 Brendan Sanders		Westlane S S	4:12.00	4:07.22
6	828 Zachary Godin		Churchill, S	4:16.84	4:12.89
7	624 Aidan Zagar		Mayfield S S	4:18.91	4:14.43
8	740 Michael Kaca		Philip Pocock C S S	4:15.25	4:19.93
9	914 Dimitry Giunta		St. Edmund Campi	4:22.13	4:21.53
10	86 Bradley Doering		Bishop Ryan C S S	4:34.59	4:25.36
11	1035 Jeramie Lai		St. Marcellinus S S	4:14.52	4:25.73
12	221 Tyler Fournier		Cathedral S	4:36.75	4:26.37
13	793 Kevin To		Robert Batem	4:43.71	4:39.40
14	269 Caleb Olson		Corpus Christi	4:48.34	4:49.37
15	788 Alex Ball		Robert Batem	4:41.62	4:55.40

Men 3000 Meter Run Senior

	Name	Year	School	Seed	Finals
1	448 Troy Smith		Grimsby D S S	9:08.39	8:43.69
2	73 Ben Preisner		Reding, Bisho	8:55.67	8:52.67
3	612 Preston Borg		Loyola C S S	9:12.75	9:06.28
4	1228 Brendan Sanders		Westlane S S	9:16.11	9:07.19
5	835 Andrew Nebel		Churchill, S	9:15.73	9:10.71
6	1035 Jeramie Lai		St. Marcellinus S S	9:16.51	9:11.36
7	828 Zachary Godin		Churchill, S	9:19.43	9:24.34
8	614 Scott Labella		Loyola C S S	9:46.17	9:25.95
9	872 Nick Vukelic		St. Aloysius	9:35.43	9:32.71
10	86 Bradley Doering		Bishop Ryan C S S	9:59.91	9:59.77
11	311 Braden Kenny		Dennis Morris H S	9:39.72	10:05.23
12	549 Mack Martyn		Iroquois Ridge H S	10:26.64	10:36.38
13	269 Caleb Olson		Corpus Christi	10:41.36	10:46.89

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Men 3000 Meter Run Senior**

14	92 Tyler Rabatich	Bishop Ryan C S S	10:41.34	11:36.41
--	733 Apurv Abarwal	Philip Pocock C S S	9:50.05	DNF

Men 110 Meter Hurdles Senior

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	241	Nic Katulic-Duchar	Centennial S S	15.94	15.17Q	-0.9 2
2	446	Kevin Bonneau	Grimsby D S S	16.30	15.63Q	-1.0 1
3	450	Jesse Stirtzinger	Grimsby D S S	15.46	15.20Q	-0.9 2
4	1032	Emmanuel Kusi-Acqu	St. Marcellinus S S	15.91	15.98Q	-1.0 1
5	661	Kyle Daines	Nelson H S	16.15	16.00q	-1.0 1
6	969	Steven McNicoll	St. Jean De B	15.92	16.06q	-0.9 2
7	172	Kristan Edgar-Alex	Brampton Cen	16.45	16.10q	-0.9 2
8	173	Michael Fuller	Brampton Cen	15.85	16.19q	-1.0 1
9	1038	Dwayne McIntosh	St. Marcellinus S S	16.49	16.70	-1.0 1
10	838	Kyle Schertzer	Churchill, S	16.42	16.71	-0.9 2
11	660	Thompson Clark	Nelson H S	16.64	16.83	-0.9 2
12	392	Brian Martins	Fr. Michael	17.02	17.68	-0.9 2
13	62	Kevin Stones	Beamsville D S S	16.56	19.43	-1.0 1
14	87	Michael Dolegiowsk	Bishop Ryan C S S	19.76	19.71	-1.0 1

Men 110 Meter Hurdles Senior

Name	Year	School	Prelims	Finals	Wind
Finals					
1	241	Nic Katulic-Duchar	Centennial S S	15.17	15.19 -2.1
2	450	Jesse Stirtzinger	Grimsby D S S	15.20	15.21 -2.1
3	1032	Emmanuel Kusi-Acqu	St. Marcellinus S S	15.98	15.60 -2.1
4	969	Steven McNicoll	St. Jean De B	16.06	15.69 -2.1
5	446	Kevin Bonneau	Grimsby D S S	15.63	15.78 -2.1
6	172	Kristan Edgar-Alex	Brampton Cen	16.10	15.86 -2.1
7	661	Kyle Daines	Nelson H S	16.00	15.99 -2.1
8	173	Michael Fuller	Brampton Cen	16.19	16.04 -2.1

Men 400 Meter Hurdles Senior

Name	Year	School	Seed	Finals	H#
1	917	Jared Kerr	St. Edmund Campi	58.86	55.80 2
2	1080	Zachary Hildebrand	St. Michael H S	59.20	57.49 2
3	231	Jordan Stanford	Cawthra Park S S	59.11	57.53 2
4	392	Brian Martins	Fr. Michael	1:03.91	59.64 2
5	784	Drake Whyte	Ridge-Cr HS	1:01.66	1:01.36 2
6	62	Kevin Stones	Beamsville D S S	1:00.19	1:01.42 2
7	381	Vishall Dharamdass	Fletcher's M.	1:04.95	1:02.13 1
8	814	Hamid Dwyer	MacNab, Sir A	1:01.06	1:02.69 2
9	613	Elvis Hermiz	Loyola C S S	1:04.87	1:03.96 1
10	270	Justin Saddlemire	Corpus Christi	1:04.37	1:04.55 1
11	241	Nic Katulic-Duchar	Centennial S S	1:02.11	1:06.59 2
12	970	David Najda	St. Jean De B	1:12.38	1:11.63 1

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Men 4x100 Meter Relay Senior**

School	Seed	Finals	H#
1 St. Edmund Campion S S 'A'	42.52	42.32	2
1) 919 Dwayne March	2) 917 Jared Kerr		
3) 915 Rashad Glasgow	4) 923 Daniel Palmer-Salmon		
5) 920 Leon Metchie	6) 928 Leacroft Thompson		
2 St. Marcellinus S S 'A'	42.54	42.58	2
1) 1018 Rubin Amoah	2) 1043 Douglas Redman		
3) 1021 Deion Barker	4) 1031 Toney James		
5) 1029 Myles Gardener	6) 1039 Robert Nicks		
3 St. Roch - Brampton 'A'	43.11	42.71	2
1) 1115 Shemar Thomas	2) 1109 Kristian Benjamin		
3) 1110 Derek Jagasar	4) 1112 Kyle Powell		
5) 1114 Dimitri Thomas	6) 1111 Rick Lu		
4 Dennis Morris H S 'A'	44.69	43.12	2
1) 310 Lekan Idowu	2) 314 Byron Prince		
3) 305 Shane Decker	4) 307 Matt Francis		
5) 308 Jabari George	6) 306 Shawn Epp		
5 St. Augustine S S 'A'	43.44	43.49	2
1) 884 Zamaad Gambari	2) 895 Norris Spike		
3) 891 Brian Obonna	4) 894 George Skinner		
5) 888 Andrew Menzies	6) 882 Jervel Alphonse		
6 St. Marguerite D'Youville 'A'	43.44	44.01	2
1) 1057 Michael Dikes	2) 1055 Derrick Agyeman-Duah		
3) 1059 Shavown Gregory	4) 1060 Sodiq Ibrahim		
5) 1061 Malcolm King	6)		
7 Notre Dame College 'A'	44.69	44.26	2
1) 686 Austin Westin	2) 682 Johnny Augustine		
3) 683 Kelvyn Brannigan	4) 685 Tyran Meredith		
8 St. Jean de Brebeuf S S 'A'	45.07	44.37	2
1) 966 Deshawn Joseph	2) 965 Mitch Gardiner		
3) 964 Marcus Dicenso	4) 969 Steven McNicoll		
5) 961 Juac Aguer	6) 970 David Najda		
9 Bishop P.F. Reding S S 'A'	45.33	44.84	1
1) 74 Teshawn Smikle	2) 69 Jeremy Farquharson		
3) 72 Jordan Manning	4) 75 Shalmar Walters		
5) 71 Bart Lopat	6)		
10 Lakeshore C H S 'A'	46.57	44.96	1
1) 580 Shane Harding	2) 579 Franklin Franke		
3) 581 Quintin Jarrett	4) 586 Alex Wimperis		
5) 584 Kenny Miller	6) 578 Richard Austin		
11 Sir Winston Churchill S S 'A'	46.10	45.05	1
1) 840 Calum Westbrook	2) 824 Garrett Dion		
3) 838 Kyle Schertzer	4) 822 Adam Abdula		
12 Nelson H S 'A'	46.76	45.32	1
1) 665 Deshaun Hamilton	2) 666 Tyler Hopkins		
3) 667 Justin Karch	4) 671 Conor Turner		
5) 662 Nathan Egert	6) 669 Wes Miller		
13 E. L. Crossley S S 'A'	46.19	45.36	1
1) 356 Cole Watson	2) 355 Nick Rizzo		
3) 351 Malcolm Lynett	4) 347 Hugh Hunt		
5) 339 Phil Andrews	6)		
14 Christ the King C S S 'A'	45.97	45.53	1
1) 254 Tudor Bertiean	2) 256 Brendan Kutlesa		
3) 257 Heinrich Lamontagne	4) 259 Dondre Palma		

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Men 4x100 Meter Relay Senior**

5) 253 Philip Bath	6) 258 Danny Mellace			
-- Cathedral S 'A'	46.36	DQ	1	
1) 219 Kareem Collins	2) 222 Andrej Grgic			
3) 223 Andy Ihekwoaba	4) 226 Kareem Noel			
5) 224 Paulo Linguenhe	6) 220 Marco Ferriera			

Men High Jump Senior

Name	Year	School	Seed	Finals
1 714 Paul Galas		Mount Carmel SS	2.00m	1.95m
2 206 Daniel Linardic		Cardinal Leger S S	1.95m	J1.95m
3 1081 J.T. Hunt		St. Michael H S	1.93m	J1.95m
4 242 Cameron Parry		Centennial S S	1.90m	1.90m
5 424 Flavio Alfico		Glendale S S	1.80m	J1.90m
6 893 Andrew Samuels		St. Augustine S S	1.90m	1.85m
6 617 Jared Morrow		M. M. Robinson H S	1.85m	1.85m
8 671 Conor Turner		Nelson H S	1.75m	1.80m
8 1208 Connor Scott		West Park S S	1.80m	1.80m
8 173 Michael Fuller		Brampton Cen	1.80m	1.80m
8 360 Mitchell Peebles		Eastdale S S	1.85m	1.80m
12 268 Alex Koloko		Corpus Christi	1.70m	1.75m
12 479 Jeff Greenblatt		Heart Lake S S	1.80m	1.75m
14 270 Justin Saddlemeyre		Corpus Christi	1.70m	1.70m
15 961 Juac Aguer		St. Jean De B	1.65m	1.65m
-- 796 Dalton Wilson		Robert Batem	1.65m	FAIL

Men Pole Vault Senior

Name	Year	School	Seed	Finals
1 1163 Jesse Morgenroth-r		The Humberview S	3.80m	3.70m
2 1162 Jason Kitamura		The Humberview S	3.80m	3.55m
3 356 Cole Watson		E. L. Crossley S S	3.30m	J3.55m
4 782 Eric St. Pierre		Ridge-Cr HS	3.45m	3.40m
5 776 Jesse Marcil		Ridge-Cr HS	4.20m	J3.40m
6 781 Tyler Smith		Ridge-Cr HS	3.45m	J3.40m
7 771 Andy Bolton		Ridge-Cr HS	3.30m	3.20m
8 1161 Devin Hymers		The Humberview S	2.70m	2.55m
-- 1024 Alex Carbone		St. Marcellinus S S	2.60m	NH
-- 1034 Andy La		St. Marcellinus S S	2.50m	NH

Men Long Jump Senior

Name	Year	School	Seed	Finals	Wind
1 917 Jared Kerr		St. Edmund Campi	6.97m	6.88m	NWI
2 992 Amir Robinson		St. Joseph S S	6.15m	6.63m	NWI
3 824 Garrett Dion		Churchill, S	6.31m	6.49m	NWI
4 1226 David Kapetanovic		Westlane S S	6.05m	6.36m	NWI
5 923 Daniel Palmer-Salm		St. Edmund Campi	6.42m	6.35m	NWI
6 1232 Marcus Wu		Westmount S S	6.20m	6.30m	NWI
6 965 Mitch Gardiner		St. Jean De B	6.33m	6.30m	NWI
8 660 Thompson Clark		Nelson H S	6.05m	6.02m	NWI
9 884 Zamaad Gambari		St. Augustine S S	6.41m	5.92m	NWI

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10	307 Matt Francis	Dennis Morris H S	6.18m	5.83m	NWI
11	671 Conor Turner	Nelson H S	5.79m	5.65m	NWI
12	994 Zachary Veira	St. Joseph S S	6.21m	5.05m	NWI
--	706 Austin Kit	Orchard Park S S	6.28m	FOUL	

Men Triple Jump Senior

	Name	Year School	Seed	Finals	Wind
1	917 Jared Kerr	St. Edmund Campi	14.34m	14.89m	NWI
2	892 Toba Oliya	St. Augustine S S	14.00m	14.38m	NWI
3	891 Brian Obonna	St. Augustine S S	13.15m	13.79m	NWI
4	717 Andre Nicholas	Mount Carmel SS	13.50m	13.59m	NWI
5	894 George Skinner	St. Augustine S S	13.14m	12.61m	NWI
6	348 Jordan Ingraham	E. L. Crossley S S	12.71m	12.39m	NWI
7	965 Mitch Gardiner	St. Jean De B	11.51m	12.23m	NWI
8	523 Keenan Beaumont	Holy Trinity C S S	11.66m	12.12m	NWI
9	675 Daniel Suen	Niagara Coll	12.23m	12.11m	NWI
10	310 Lekan Idowu	Dennis Morris H S	12.13m	12.09m	NWI
11	460 Caleb Datema	Guido De Bres C H S	12.14m	11.97m	NWI
12	270 Justin Saddlemeyre	Corpus Christi	11.89m	11.81m	NWI
13	706 Austin Kit	Orchard Park S S	12.27m	11.80m	NWI
14	617 Jared Morrow	M. M. Robinson H S	11.50m	11.61m	NWI
15	422 Oliver Ross	Georgetown D H S	11.82m	11.45m	NWI

Men Shot Put Senior

	Name	Year School	Seed	Finals
1	743 Daniel Polinski	Philip Pocock C S S	17.43m	17.61m
2	670 Eli Pawliw	Nelson H S	16.38m	16.36m
3	759 John Kryzszkowski	Port Credit S S	15.48m	15.40m
4	481 Eduardo Wallace	Heart Lake S S	13.73m	13.94m
5	935 Francesco Mete	St. Francis	13.32m	13.66m
6	883 Ryan Anton	St. Augustine S S	13.42m	13.64m
7	228 Stephan Smith	Cathedral S	12.63m	13.13m
8	663 Andrew Eskandar	Nelson H S	12.01m	13.05m
9	944 John Whaley	St. Ignatius	11.07m	12.71m
10	1188 Wes Derwinsky	Thorold S S	12.63m	12.63m
11	897 Mychael Brew	St. Catharin	13.25m	12.28m
12	267 Martin Klimuntowsk	Corpus Christi	11.24m	12.13m
13	813 Ben Brown	MacNab, Sir A	11.97m	11.93m
14	312 Chris Kenny	Dennis Morris H S	12.03m	11.49m

Men Discus Throw Senior

	Name	Year School	Seed	Finals
1	743 Daniel Polinski	Philip Pocock C S S	54.78m	52.77m
2	433 Zach Koroll	Governor Simcoe S S	47.15m	49.63m
3	670 Eli Pawliw	Nelson H S	43.74m	45.27m
4	825 Justin Felker	Churchill, S	43.85m	44.94m
5	1030 Mark Horta	St. Marcellinus S S	42.80m	42.11m
6	833 Colin Lisoy	Churchill, S	37.84m	39.55m
7	886 Jaden Lindo	St. Augustine S S	38.42m	38.28m

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Men Discus Throw Senior**

8	1091 Prang Norang	St. Paul H S	36.35m	37.07m
9	1142 Liam Spadoni	St. Thomas M	32.15m	32.95m
10	641 Matt Harris	Milton D H S	31.35m	32.59m
11	161 Omar Malcolm	Bramalea S S	32.37m	31.86m
12	738 Dustyn Ciuffreda	Philip Pocock C S S	34.06m	31.23m
13	531 Ryan Shea	Holy Trinity C S S	28.76m	27.40m

Men Javelin Throw Senior

Name		Year	School	Seed	Finals
1	759	John Kryzszkowski	Port Credit S S	58.98m	63.50m
2	1088	Reece Fisher	St. Paul H S	44.46m	48.45m
3	1093	Jason Rhodes	St. Paul H S	46.96m	48.26m
4	434	Ben Dale	Great Lakes	45.65m	47.16m
5	670	Eli Pawliw	Nelson H S	44.75m	47.00m
6	1098	Mark Wargala	St. Paul's S S	42.78m	45.53m
7	139	Randy Hutton	Blessed Trinity H S	46.18m	44.72m
8	373	Mitchell Shennette	Erindale S S	42.05m	44.14m
9	197	Josef Birkes	Burlington C	41.28m	40.93m
10	306	Shawn Epp	Dennis Morris H S	42.52m	40.82m
11	173	Michael Fuller	Brampton Cen	45.71m	40.50m
12	202	Logan Wilson	Burlington C	39.48m	39.50m
13	419	Shane Hellowell	Georgetown D H S	38.26m	36.60m

Men 2000 Meter Steeplechase Open

Name		Year	School	Seed	Finals
1	73	Ben Preisner	Reding, Bisho	6:07.88	6:12.26
2	1035	Jeramie Lai	St. Marcellinus S S	6:17.99	6:16.93
3	835	Andrew Nebel	Churchill, S	6:34.17	6:28.12
4	739	Xhenis Ereqi	Philip Pocock C S S	6:38.03	6:32.38
5	612	Preston Borg	Loyola C S S	6:28.33	6:34.06
6	827	Mike Fortaleza	Churchill, S	6:47.74	6:42.00
7	872	Nick Vukelic	St. Aloysius	6:31.76	6:42.47
8	32	Kent Hambly	Ancaster High	6:43.98	6:48.52
9	614	Scott Labella	Loyola C S S	6:53.60	6:50.09
10	358	Tyler Young	E. L. Crossley S S	6:46.74	7:00.22
11	673	Markku Wainman	Nelson H S	6:58.68	7:08.71
12	369	Dylan Walicki	Eden High School	6:54.86	7:12.80
13	549	Mack Martyn	Iroquois Ridge H S	7:07.64	7:14.56
14	93	Luke Sianchuk	Bishop Ryan C S S	7:21.74	7:20.26
15	1241	Alexander Dos Sant	White Oaks S S	7:36.88	7:21.24

Men 4x400 Meter Relay Open

School	Seed	Finals	H#
1 St. Edmund Campion S S 'A'	3:35.91	3:26.45	2
1) 923 Daniel Palmer-Salmon			
3) 914 Dimitry Giunta			
5) 928 Leacroft Thompson			
2 St. Marcellinus S S 'A'	3:39.10	3:29.44	2
1) 1029 Myles Gardener			
2) 915 Rashad Glasgow			
4) 917 Jared Kerr			
6) 916 Kyle Karran			
2) 1043 Douglas Redman			

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****....Men 4x400 Meter Relay Open**

3) 1036 Matthew LeLiever	4) 1041 Marc Pereira			
5) 1025 Arkhe Delacruz	6) 1021 Deion Barker			
3 Sir Winston Churchill S S 'A'	3:46.37	3:30.43	1	
1) 840 Calum Westbrook	2) 831 Justin Lawless			
3) 824 Garrett Dion	4) 822 Adam Abdula			
5) 835 Andrew Nebel	6) 836 Matthew Nickel			
4 Our Lady of Mount Carmel SS 'A'	3:43.03	3:31.52	2	
1) 722 Alexander Zaranek	2) 718 Sheldon Page			
3) 721 Chavell William	4) 720 Hanson Wainkem			
5) 715 Tyneshu Gebreyohannes	6) 719 Andrew Vanderkoen			
5 St. Aloysius Gonzaga 'A'	3:40.96	3:31.99	2	
1) 871 Curtis Richards	2) 866 Gabriel Arpino			
3) 867 Greg Butler	4) 872 Nick Vukelic			
5) 869 Quinn Dudley	6) 870 Ryan Leon			
6 Highland S S 'A'	3:40.14	3:33.50	2	
1) 507 Liam Smith	2) 505 Tom Manson			
3) 504 Jack Holmes	4) 502 Owen Fisher			
5) 503 Erik Heidebrecht	6)			
7 Notre Dame R C S S 'A'	3:39.73	3:34.65	2	
1) 697 Jacob Dunning	2) 700 Ryan Korol			
3) 701 Jacob Marks	4) 702 Joel Maves			
5) 703 Austin Paterson	6) 699 Jared Kay			
8 Cardinal Leger S S 'A'	3:42.57	3:36.36	2	
1) 204 Bartosz Antczak	2) 205 Brain Jaimes			
3) 207 AJ Palumbo	4) 209 James Sullivan			
5) 208 Zach Silva	6)			
9 Iroquois Ridge H S 'A'	3:45.96	3:40.83	1	
1) 544 John Breeson	2) 546 Cameron Kotulak			
3) 549 Mack Martyn	4) 550 Stephen Pozios			
5) 551 James Skoric	6)			
10 Guido De Bres C H S 'A'	3:50.11	3:42.14	1	
1) 461 Calvin deJong	2) 463 Josh Ravensbergen			
3) 462 Jesse Post	4) 459 Arin Bergsma			
5) 456 Sidney Alkema	6)			
11 Bishop Ryan C S S 'A'	3:43.93	3:42.95	2	
1) 93 Luke Sianchuk	2) 89 Scott MacLellan			
3) 92 Tyler Rabatich	4) 86 Bradley Doering			
5) 90 David Martin	6)			
12 E. L. Crossley S S 'A'	3:49.52	3:42.97	1	
1) 353 Tim Miller	2) 339 Phil Andrews			
3) 355 Nick Rizzo	4) 342 Cameron Borisenko			
5) 345 Sam Fennell	6) 352 Michael Miller			
13 St. Thomas More C SS 'A'	3:47.23	3:46.58	1	
1) 1136 Robert Heppenstall	2) 1140 Mitchell Phillips			
3) 1137 Arun Matthew	4) 1138 Zack Miller			
5) 1132 Tafari Delisser	6)			
14 A.N. Myer S S 'A'	3:51.23	3:52.39	1	
1) 14 Tyler Thomson	2) 9 Joe Murdaca			
3) 5 Jesse Begg	4) 13 Josh Seguin			
5) 8 Peter Falivena	6) 15 Reid Yochim			

2013 OFSAA SOUTH REGIONAL MEET - 30/05/2013 to 31/05/2013**Niagara Olympic Club Track and Field Centre****Results****Men 100 Meter Dash Visually Imp Blind**

	Name	Year	School	Seed	Finals	Wind
1	583 Adam McLeod		Lakeshore C H S	17.15	16.92	NWI

Men 800 Meter Run Visually Imp Blind

	Name	Year	School	Seed	Finals
1	583 Adam McLeod		Lakeshore C H S	3:13.46	3:14.88

Men 100 Meter Dash Intellectual Ambulatory

	Name	Year	School	Seed	Finals	Wind
1	890 Eddie Nicks		St. Augustine S S	12.86	12.67	-0.5
2	582 Chandler Ladd		Lakeshore C H S	14.80	14.20	-0.5

Men 800 Meter Run Ambulatory Ambulatory

	Name	Year	School	Seed	Finals
1	216 Jay Mistry		Castlebrooke	4:01.38	3:47.26