

**2013 District B Legion Track and Field Meet
Tentative Meet Schedule Sunday June 23
Mohawk Sports Park, 1100 Mohawk R. E., Hamilton**

Track

Events will be run in the following order noted. Sections will be run from slow to fast.

8:30am	2000m Steeplechase	(F17 U, M 17U)
	1500m Steeplechase	(F 15U, M 15U)
8:50am	Opening ceremonies	
9:00am	80mHurdles – heat or final	(F 15U)
	100mHurdles – heat or final	(M 15U, F17 U, M 17U)
	100m – heats or finals	(F 15U, M 15U, F17 U, M 17U, F PA, M PA)
	1200m timed sections	(F 15U, M 15U)
	1500m timed sections	(F17 U, M 17U)
	300m timed sections	(F 15U, M 15U)
	400m timed sections	(F17 U, M 17U)
	Sprint hurdle finals – if necessary	
12:00pm	100m finals – if necessary	
	200mHurdles timed sections	(F 15U, M 15U)
	300mHurdles timed sections	(F17 U, M 17U)
	2000m timed sections	(F 15U, M 15U)
	3000m timed sections	(F17 U, M 17U)
	200m timed sections or finals	(F 15U, M 15U, F17 U, M 17U, F PA, M PA)
	800m timed sections or finals	(F 15U, M 15U, F17 U, M 17U)
	1500mRW timed sections	(F 15U, M 15U)
	3000mRW timed sections	(F17 U, M 17U)

Field

8:00am	Hammer	(F 15U – 3kg) (M 15U and F17 U – 4kg) (M 17U – 5kg)
9:30am	Shot Put	(F 15U – 3kg) (F 17U – 4kg) (M 15U – 4kg) (M 17U – 5kg)
9:30am	High Jump	(F 15U, F 17U)
	Triple Jump	(M 15U, M 17U)
10:45am	High Jump	(M 15U, M 17U)
	Triple Jump	(F 15U, F 17U)
1:00pm	Discus	(F 15U – 1kg) (F 17U – 1kg) (M 15U – 1kg) (M 17U – 1.5kg)
1:00pm	Long Jump	(M 15U, M 17U)
2:15pm	Javelin	(F 15U – 600g) (F 17U – 600g)
	Javelin	(M 15U – 700g) (M 17U – 700g)
2:15pm	Long Jump	(F 15U, F 17U)